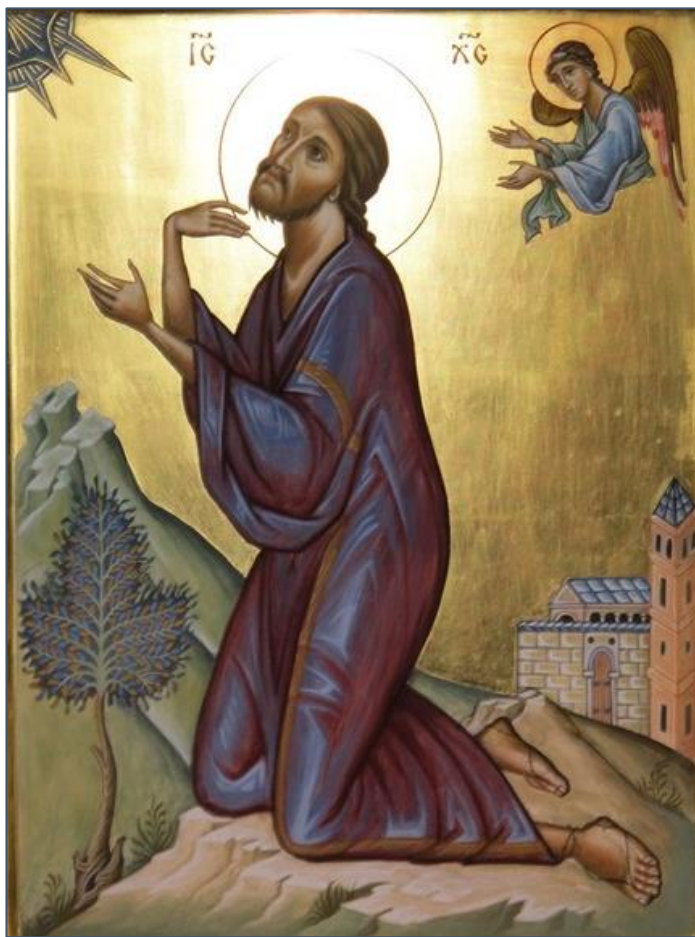


First Sunday of Lent



*“He was among wild beasts,
and the angels ministered to him.”*

(Cycle B)

INTRODUCTORY RITES

Opening Hymn

This is Our Accepted Time



1. This is our ac-cept-ed time, This is our sal - va - tion;
2. Lord, look down up - on your own, Look up - on our yearn - ing;



1. Prayer and fast - ing are our hope, Pen - ance, our vo - ca - tion.
2. We are dust, and un - to dust We shall be re - turn - ing.



1. God of par - don, God of love, Mer - cy past all meas - ure;
2. Lift us up, O Lord of life, Flesh has gained us sad - ness;



1. You a - lone can grant us peace, You, our ho - ly treas - ure.
2. Hear our plea, be - stow on us Ev - er - last - ing glad - ness.

Greeting

∇. In the Name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

∇. The grace and peace of our Lord, Jesus Christ,
the Love of God
and the Fellowship of the Holy Spirit be with you always.

R. And also with you.

PENITENTIAL RITE

Invitation to reflect on our faults and failings.

Ÿ To prepare ourselves to celebrate these sacred mysteries,
let us call to mind our faults and failings
and ask our heavenly Father in his mercy
for his healing and forgiveness.

Pause for silent reflection.

**I confess to almighty God
and to you, my brothers and sisters
that I have sinned
in my thoughts and in my words
in what I have done
and in what I have failed to do;
and I ask blessed Mary ever-Virgin
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

Ÿ May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

R Amen.

K



ý-ri- e, e-lé- i-son.ñ. Christe, e-je- i-son.ñ.



Ký-ri- e, e-lé- i-son.ñ.

Gloria

The Gloria is not said

Opening Prayer

Ÿ. Let us pray
at the beginning of Lent for the spirit of repentance.

Pause for silent prayer.

Lord our God,
you formed mankind from the clay of the earth
and breathed into us the spirit of life,
but we turned from your face and sinned.

In this time of repentance
we call out for your mercy.
Bring us back to you
and to the life your Son won for us
by his death on the cross,
for he lives and reigns for ever and ever.

R. Amen.

LITURGY OF THE WORD

Reading 1 (*Gn 9:8-15*)

A reading from the Book of Genesis

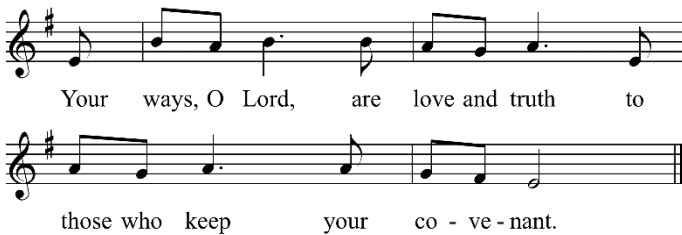
God said to Noah and to his sons with him:
“See, I am now establishing my covenant with you
and your descendants after you
and with every living creature that was with you:
all the birds, and the various tame and wild animals
that were with you and came out of the ark.
I will establish my covenant with you,
that never again shall all bodily creatures be destroyed
by the waters of a flood;
there shall not be another flood to devastate the earth.”
God added:
“This is the sign that I am giving for all ages to come,
of the covenant between me and you
and every living creature with you:

I set my bow in the clouds to serve as a sign
of the covenant between me and the earth.
When I bring clouds over the earth,
and the bow appears in the clouds,
I will recall the covenant I have made
between me and you and all living beings,
so that the waters shall never again become a flood
to destroy all mortal beings.”

Ÿ. This is the Word of the Lord.

R. Thanks be to God.

Responsorial Psalm (*Ps 25:4-5, 6-7, 8-9*)



Your ways, O Lord, are love and truth to
those who keep your co - ve - nant.

Your ways, O LORD, make known to me;
teach me your paths,
Guide me in your truth and teach me,
for you are God my savior.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Remember that your compassion, O LORD,
and your love are from of old.
In your kindness remember me,
because of your goodness, O LORD.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Good and upright is the LORD,
thus he shows sinners the way.
He guides the humble to justice,
and he teaches the humble his way.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Reading 2 (1 Pt 3:18-22)

A reading from the first letter of Peter:

Beloved:

Christ suffered for sins once,
the righteous for the sake of the unrighteous,
that he might lead you to God.

Put to death in the flesh,
he was brought to life in the Spirit.

In it he also went to preach to the spirits in prison,
who had once been disobedient
while God patiently waited in the days of Noah
during the building of the ark,
in which a few persons, eight in all,
were saved through water.

This prefigured baptism, which saves you now.
It is not a removal of dirt from the body
but an appeal to God for a clear conscience,
through the resurrection of Jesus Christ,
who has gone into heaven
and is at the right hand of God,
with angels, authorities, and powers subject to him.

∩. This is the Word of the Lord.

℞. Thanks be to God.

Gospel Acclamation (Mt 4:4b)



Glo-ry and praise to you, Lord Je-sus Christ.

One does not live on bread alone,
but on every word that comes forth from the mouth of God.



Glo-ry and praise to you, Lord Je-sus Christ.

Gospel (Mk 1:12-15)

Ÿ. The Lord be with you.

R̄. And also with you.

Ÿ. A reading from the Holy Gospel according to Mark.

The celebrant and the people trace the cross on their foreheads (mind), their lips (speech) and over their hearts, asking the Lord to open them to his Word.

R̄. Glory to you Lord.

The Spirit drove Jesus out into the desert,
and he remained in the desert for forty days,
tempted by Satan.

He was among wild beasts,
and the angels ministered to him.

After John had been arrested,
Jesus came to Galilee proclaiming the gospel of God:
“This is the time of fulfillment.
The kingdom of God is at hand.
Repent, and believe in the gospel.”

Ÿ. This is the Gospel of the Lord.

R̄. Praise to you, Lord, Jesus Christ.



Glo-ry and praise to you, Lord Je-sus Christ.

Homily

Nicene Creed

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, one in Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit

he was born of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate;

he suffered, died, and was buried.

On the third day he rose again in fulfillment of the Scriptures;
he ascended into heaven and is seated at the right hand of the
Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshipped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

General Intercessions

*The celebrant invites the congregation to pray and offers several
prayer intentions. Each concludes, "We pray to the Lord."*

℞. Lord, hear our prayer.

*The celebrant concludes the intercessions with a final short prayer
ending with ". . . through Christ, our Lord."*

℞. Amen.

LITURGY OF THE EUCHARIST

Offering of the Gifts

If an Offertory Hymn is played or sung, omit the following.

Ÿ. Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

R̄. Blessed be God for ever.

Ÿ. Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

R̄. Blessed be God for ever.

Prayer over the Gifts

Ÿ. Pray, my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

**R̄. May the Lord accept the sacrifice at your hands,
for the praise and glory of his name,
for our good, and the good of all his Church.**

Lord,
make us worthy to bring you these gifts.
May this sacrifice
help to change our lives.

We ask this in the name of Jesus the Lord.

R̄. Amen.

Preface and *Sanctus* (Lent I)



Ÿ. The Lord be with you. R̄. And al - so with you. Ÿ. Lift up your hearts.



R̄. We lift them up to the Lord. Ÿ. Let us give thanks to the Lord our God.



R̄. It is right to give him thanks and praise.

Father, all-powerful and ever-living God,
we do well always and everywhere to give you thanks.

In you we live and move and have our being.
Each day you show us a Father's love;
your Holy Spirit, dwelling within us,
gives us on earth the hope of unending joy.

Your gift of the Spirit,
who raised Jesus from the dead,
is the foretaste and promise
of the paschal feast of heaven..

With thankful praise,
in company with the angels
we glorify the wonders of your power:



S anctus, * Sanctus, Sanctus Dómi-nus De-us
Sába-oth. Ple-ni sunt cæ-li et terra gló-ri-a
tu-a. Ho-sánna in excélsis. Bene-díctus qui ve-nit
in nó-mi-ne Dó-mi-ni. Ho-sánna in excé-l-sis.

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

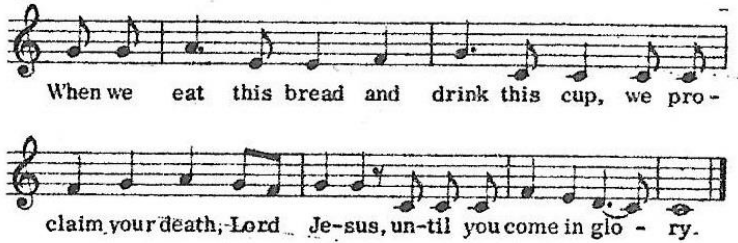
Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Eucharistic Prayer (III)

The celebrant prays the Eucharistic Prayer. After the consecration, the celebrant sings:

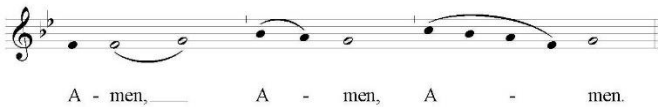
∩. Let us proclaim the mystery of faith.



When we eat this bread and drink this cup, we pro-
claim your death, Lord Je-sus, un-til you come in glo - ry.

The celebrant concludes the Eucharistic Prayer.

Through him, with him and in him
in the unity of the Holy Spirit
all glory and honor are yours, Almighty Father
Forever and ever.



A - men, A - men, A - men.

COMMUNION LITURGY

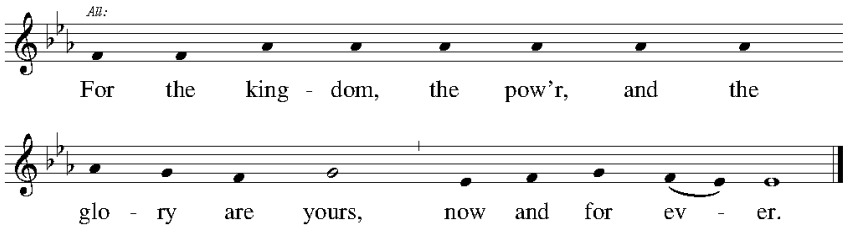
The Lord's Prayer

∿. We pray confidently in the words our Savior taught us:



Our Fa - ther, who art in heav - en, hal - lowed be thy name;
thy king - dom come; thy will be done on earth as it
is in heav - en. Give us this day our dai - ly bread;
and for - give us our tres - pass - es as we for - give
those who tres - pass a - gainst us; and lead us not
in - to temp - ta - tion, but de - liv - er us from e - vil.

∿. Deliver us, Lord, from every evil, and grant us peace in our day. In your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ.



All:
For the king - dom, the pow'r, and the
glo - ry are yours, now and for ev - er.

∿. Lord Jesus Christ, you said to your apostles: I leave you peace, my peace I give you. Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever.

R. Amen.

Exchange of Peace

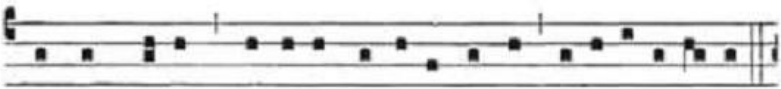
Ÿ. The Peace of the Lord be with you always.

Ř. And also with you.

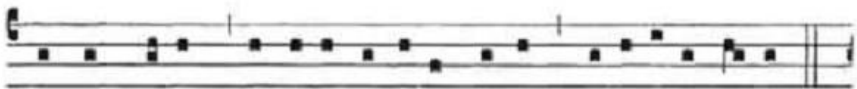
Ÿ. Let us offer each other a sign of peace.

Breaking of the Bread

As the bread is broken, we sing or say:



A -gnus De- i, * qui tol-lis peccá-ta mundi; mi-se-ré-re no-bis.



Agnus De- i, * qui tollis peccá-ta mundi; mi-se-ré-re no-bis.



Agnus De- i, * qui tollis peccá-ta mundi; dona nobis pa-cem.

Ÿ. This is the Lamb of God who takes away the sins of the world.
Happy are those who are called to his supper.

**Ř. Lord, I am not worthy to receive you,
but only say the word
and I shall be healed.**

To those receiving Communion, the celebrant says:

Ÿ. The body of Christ.

Ř. Amen.

Communion Hymn

Tree of Life

(Verses 1-3)



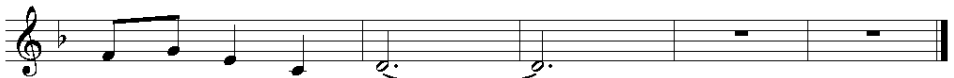
1. Tree of Life and awe-some mys - t'ry, In your
2. Seed that dies to rise in glo - ry, May we
3. We re - mem - ber truth once spo - ken, Love passed
4. Gen - tle Je - sus, might - y Spir - it, Come in -
5. Christ, you lead and we shall fol - low, Stum - bling



death we are re - born, Though you die in all of
see our - selves in you, If we learn to live your
on through act and word, Ev - 'ry per - son lost and
flame our hearts a - new, We may all your joy in -
though our steps may be, One with you in joy and



his - t'ry, Still you rise with ev - 'ry morn, Still you
sto - ry We may die to rise a - new, We may
bro - ken Wears the bod - y of our Lord, Wears the
her - it If we bear the cross with you, If we
sor - row, We the riv - er, you the sea, We the



rise with ev - 'ry morn.
die to rise a - new.
bod - y of our Lord.
bear the cross with you.
riv - er, you the sea.

Prayer after Communion

Ÿ. Let us pray.

Pause for silent prayer.

Father,
you increase our faith and hope,
you deepen our live in this communion.
Help us to live by your words
and to sek Christ, our bread of life,
who is Lord for ever and ever.

R̄. Amen.

CONCLUDING RITES

Solemn Blessing 5 (for the Passion)

Ÿ. The Lord be with you.

R̄. And also with you.

Bow your heads and pray for God's blessing.

The Father of mercies has given us an example of unselfish love
in the sufferings of his only Son.
Through your service of God and neighbor
may you receive his countless blessings.

R̄. Amen.

You believe that by his dying
Christ has destroyed death for ever.
May he give you everlasting life.

R̄. Amen.

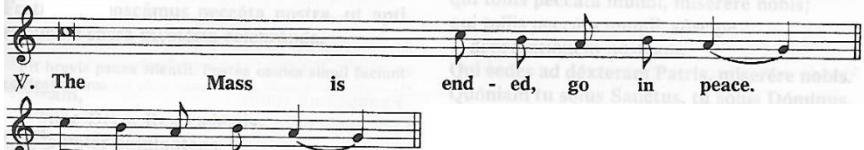
He humbled himself for our sakes.
May you follow his example
and share in his resurrection.

R̄. Amen.

Ÿ. May almighty God bless you,
the Father, and the Son, + and the Holy Spirit.

R̄. Amen.

Dismissal



V. The Mass is end - ed, go in peace.

R. Thanks be to God.

Closing Hymn

Praise to the Holiest in the Height (Verses 1-3)



- 1, 7. Praise to the Ho - liest in the height, And
2. O lov - ing wis - dom of our God! When
3. O wis - est love! that flesh and blood Which
4. And that a high - er gift than grace Should
5. O gen - 'rous love! that he who smote In
6. And in the gar - den se - cret - ly, And



- 1, 7. in the depth be praise, In all his words most
2. all was sin and shame, A sec - ond Ad - am
3. did in Ad - am fail, Should strive a - fresh a -
4. flesh and blood re - fine, God's pres - ence and his
5. man for man the foe, The dou - ble ag - o -
6. on the cross on high, Should teach his breth - ren,



- 1, 7. won - der - ful, Most sure in all his ways.
2. to the fight And to the res - cue came.
3. gainst the foe, Should strive and should pre - vail;
4. ve - ry self, And es - sence all di - vine.
5. ny in man For man should un - der - go;
6. and in - spire To suf - fer and to die.