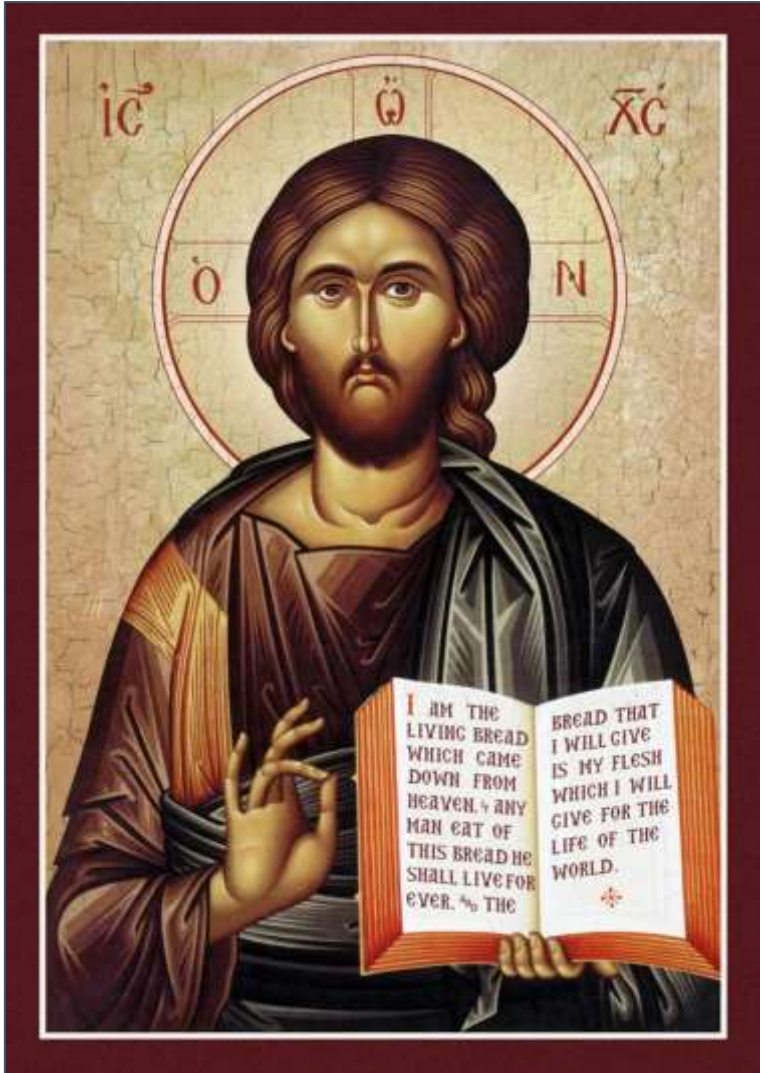


Eighteenth Sunday in Ordinary Time



"I am the bread of life."

(Cycle B)

INTRODUCTORY RITES

Opening Hymn

Gift of Finest Wheat (Verses 1-3)

Refrain



You sat - is - fy the hun - gry heart With



gift of fin - est wheat; Come give to us, O



sav - ing Lord, The bread of life to eat.

Verses



1. As when the shep - herd calls his sheep, They
2. With joy - ful lips we sing to you Our
3. Is not the cup we bless and share The
4. The mys - t'ry of your pres - ence, Lord, No
5. You give your - self to us, O Lord; Then



know and heed his voice; So when you call your
praise and grat - i - tude, That you should count us
blood of Christ out - poured? Do not one cup, one
mor - tal tongue can tell: Whom all the world can -
self - less let us be, To serve each oth - er



fam - 'ly, Lord, We fol - low and re - joi - ce.
wor - thy, Lord, To share this heav'n - ly food.
loaf, de - clare Our one - ness in the Lord?
not con - tain Comes in our hearts to dwell.
in your name In truth and char - i - ty.

D.C.

Greeting

Ÿ. In the Name of the Father, and of the Son, and of the Holy Spirit.

Ṛ. Amen.

Ÿ. The grace and peace of our Lord, Jesus Christ,
the Love of God
and the Fellowship of the Holy Spirit be with you always.

Ṛ. And also with you.

PENITENTIAL RITE (C6)

Invitation to reflect on our faults and failings.

Ÿ To prepare ourselves to celebrate these sacred mysteries,
let us call to mind our faults and failings
and ask our heavenly Father in his mercy
for his healing and forgiveness.

Pause for silent reflection.

Ÿ Lord Jesus, you raise us to new life:



Ÿ Lord Jesus, you forgive us our sins:



Ÿ Lord Jesus, you feed us with your body and blood:



Ÿ May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

Ṛ Amen.

Gloria

Priest/cantor: *Alt:*

V
G Ló-ri- a in excélsis De- o. Et in terra pax homí-
Choir *Alt:*
ni-bus bonæ vo-luntá- tis. Laudá- mus te. Bene-dí- cimus
te. Ado-rá- mus te. Glo-ri- fi- cá- mus te. Grá- ti- as á- gi- mus
ti- bi propter magnam gló- ri- am tu- am. Dómi- ne De- us,
Rex cæ- lé- stis, De- us Pa- ter omní- pot- ens. Dómi- ne Fi- li
u- ni- gé- ni- te, Je- su Chri- ste. Dómi- ne De- us, Agnus
De- i, Fí- li- us Pa- tris. Qui tollis peccá- ta mun- di, mí- se-
ré- re no- bis. Qui tollis peccá- ta mundi, sú- sci- pe depre-
ca- ti- ónem no- stram. Qui sedes ad dexte- ram Pa- tris, mí-
se- ré- re no- bis. Quó- ni- am tu so- lus sanctus. Tu so- lus



Dómi-nus. Tu so-lus Altíssimus, Je-su Chri-ste. Cum San-



cto Spí-ri-tu, in gló-ri-a De-i Pa-tris. A-men.

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One, you alone are the Lord,
You alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father.
Amen.**

Opening Prayer

God our Father,
gifts without measure flow from your goodness
to bring us your peace.
Guide our life's journey,
for only your love makes us whole.
Keep us strong in your love.

We ask this through Christ our Lord.

R. Amen.

LITURGY OF THE WORD

Reading 1 (*Ex 16:2-4, 12-15*)

A reading from the Book of Exodus

The whole Israelite community grumbled against Moses and Aaron.
The Israelites said to them,
“Would that we had died at the LORD’s hand in the land of Egypt,
as we sat by our fleshpots and ate our fill of bread!
But you had to lead us into this desert
to make the whole community die of famine!”

Then the LORD said to Moses,
“I will now rain down bread from heaven for you.
Each day the people are to go out and gather their daily portion;
thus will I test them,
to see whether they follow my instructions or not.

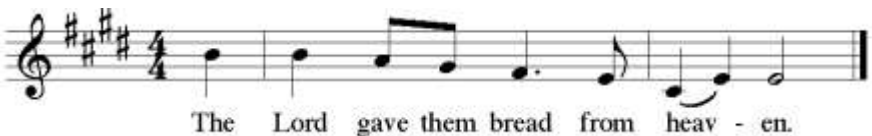
“I have heard the grumbling of the Israelites.
Tell them: In the evening twilight you shall eat flesh,
and in the morning you shall have your fill of bread,
so that you may know that I, the LORD, am your God.”

In the evening quail came up and covered the camp.
In the morning a dew lay all about the camp,
and when the dew evaporated, there on the surface of the desert
were fine flakes like hoarfrost on the ground.
On seeing it, the Israelites asked one another, “What is this?”
for they did not know what it was.
But Moses told them,
“This is the bread that the LORD has given you to eat.”

Ÿ. This is the Word of the Lord.

R. Thanks be to God.

Responsorial Psalm (*Ps 78:3-4, 23-24, 25, 54*)



What we have heard and know,
and what our fathers have declared to us,
we will declare to the generation to come
the glorious deeds of the LORD and his strength
and the wonders that he wrought.

℞. The Lord gave them bread from heaven.

He commanded the skies above
and opened the doors of heaven;
he rained manna upon them for food
and gave them heavenly bread.

℞. The Lord gave them bread from heaven.

Man ate the bread of angels,
food he sent them in abundance.
And he brought them to his holy land,
to the mountains his right hand had won.

℞. The Lord gave them bread from heaven.

Reading 2 (*Eph 4:17, 20-24*)

A reading from the letter of Paul to the Ephesians.

Brothers and sisters:
I declare and testify in the Lord
that you must no longer live as the Gentiles do,
in the futility of their minds;
that is not how you learned Christ,
assuming that you have heard of him and were taught in him,
as truth is in Jesus,
that you should put away the old self of your former way of life,
corrupted through deceitful desires,
and be renewed in the spirit of your minds,
and put on the new self,
created in God's way in righteousness and holiness of truth.

℣. This is the Word of the Lord.

℞. Thanks be to God.

Gospel Acclamation (*Mt 4:4b*)



One does not live on bread alone,
but by every word that comes forth from the mouth of God.



Gospel (*Jn 6:24-35*)

∇. The Lord be with you.

℟. And also with you.

∇. A reading from the Holy Gospel according to John.

The celebrant and the people mark a cross on their foreheads (mind), their lips (speech) and over their hearts, asking the Lord to open them to his Word.

℟. Glory to you Lord.

When the crowd saw that neither Jesus nor his disciples were there,
they themselves got into boats
and came to Capernaum looking for Jesus.
And when they found him across the sea they said to him,
“Rabbi, when did you get here?”
Jesus answered them and said,
“Amen, amen, I say to you,
you are looking for me not because you saw signs
but because you ate the loaves and were filled.
Do not work for food that perishes
but for the food that endures for eternal life,
which the Son of Man will give you.
For on him the Father, God, has set his seal.”
So they said to him,
“What can we do to accomplish the works of God?”
Jesus answered and said to them,

“This is the work of God, that you believe in the one he sent.”

So they said to him,

“What sign can you do, that we may see and believe in you?

What can you do?

Our ancestors ate manna in the desert, as it is written:

He gave them bread from heaven to eat.”

So Jesus said to them,

“Amen, amen, I say to you,

it was not Moses who gave the bread from heaven;

my Father gives you the true bread from heaven.

For the bread of God is that which comes down from heaven

and gives life to the world.”

So they said to him,

“Sir, give us this bread always.”

Jesus said to them,

“I am the bread of life;

whoever comes to me will never hunger,

and whoever believes in me will never thirst.”

℣. This is the Gospel of the Lord.

℟. Praise to you, Lord, Jesus Christ.



Homily

Nicene Creed

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, one in Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

All bow at these two lines

by the power of the Holy Spirit
he was born of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate;
he suffered, died, and was buried.

On the third day he rose again in fulfillment of the Scriptures;
he ascended into heaven and is seated at the right hand of the
Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshipped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

General Intercessions

*The celebrant invites the congregation to pray and offers several
prayer intentions. Each concludes, "We pray to the Lord."*

R. Lord, hear our prayer.

*The celebrant concludes the intercessions with a final short prayer
ending with "... through Christ, our Lord."*

R. Amen.

LITURGY OF THE EUCHARIST

Offering of the Gifts

☩. Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

℟. Blessed be God for ever.

☩. Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

℟. Blessed be God for ever.

Prayer over the Gifts

☩. Pray, my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

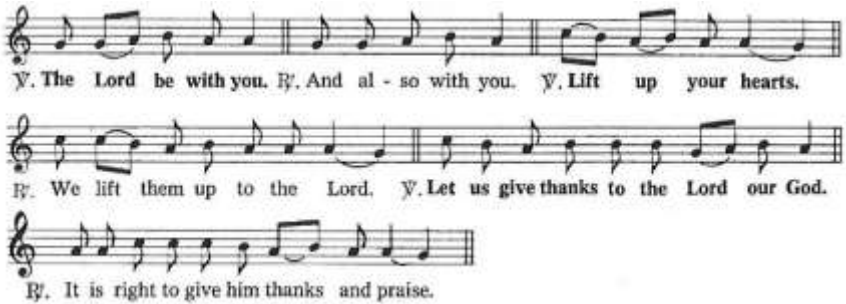
**℟. May the Lord accept the sacrifice at your hands,
for the praise and glory of his name,
for our good, and the good of all his Church.**

Merciful Lord,
make holy these gifts,
and let our spiritual sacrifice
make us an everlasting gift to you.

We ask this in the name of Jesus the Lord.

Preface and *Sanctus* (Sundays in Ordinary Time II)

The mystery of salvation



Y. The Lord be with you. R. And al - so with you. Y. Lift up your hearts.
R. We lift them up to the Lord. Y. Let us give thanks to the Lord our God.
R. It is right to give him thanks and praise.

The celebrant recites or sings the Preface:

Father, all-powerful and ever-living God,
we do well always and everywhere to give you thanks
through Jesus Christ our Lord.

Out of love for sinful people
he humbled himself to be born of the Virgin.

By suffering on the cross
he freed us from unending death
and by rising from the dead
he gave us eternal life.

And so, with all the choirs of angels in heaven
we proclaim your glory
and join in their unending hymn of praise:

(Sanctus XVIII Deus Genitor Alme)



Sanctus, * Sanctus, Sanctus Dómi-nus De-us
Sába-oth. Ple-ni sunt cæ-li et terra gló-ri-a
tu-a. Ho-sánna in excélsis. Bene-díctus qui ve-nit
in nómi-ne Dómi-ni. Ho-sánna in excél-sis.

Eucharistic Prayer (II)

The celebrant prays the Eucharistic Prayer. After the consecration, the celebrant sings:

Ÿ. Let us proclaim the mystery of faith.



Christ has died, Christ is ris-en, Christ will come a - gain.

The celebrant concludes the Eucharistic Prayer.

Through him, with him and in him
in the unity of the Holy Spirit
all glory and honor are yours, Almighty Father
Forever and ever.



A - men, A - men, A - men.

COMMUNION LITURGY

The Lord's Prayer

Ÿ. We pray confidently in the words our Savior taught us:

Our Fa - ther, who art in heav - en, hal - lowed be thy name;
thy king - dom come; thy will be done on earth as it
is in heav - en. Give us this day our dai - ly bread;
and for - give us our tres - pass - es as we for - give
those who tres - pass a - gainst us; and lead us not
in - to temp - ta - tion, but de - liv - er us from e - vil.

Ÿ. Deliver us, Lord, from every evil, and grant us peace in our day. In your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ.

And
For the king - dom, the pow'r, and the
glo - ry are yours, now and for ev - er.

Exchange of Peace

Ÿ. Lord Jesus Christ, you said to your apostles: I leave you peace, my peace I give you. Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever.

R̄. Amen.

Ÿ. The Peace of the Lord be with you always.

R̄. And also with you.

Ÿ. Let us offer each other a sign of peace.

Breaking of the Bread

As the bread is broken, we sing or say:

(Agnus Dei XVIII Deus Genitor Alme)

XII. s.

A -gnus De- i, * qui tol-lis peccá-ta mundi : mi-se-
ré-re no- bis. Agnus De- i, * qui tol-lis peccá-ta mundi :
mi-se-ré-re no- bis. Agnus De- i, * qui tol-lis peccá-ta mun-
di : do-na no-bis pa-cem.

☩. This is the Lamb of God who takes away the sins of the world.
Happy are those who are called to his supper.

**℞. Lord, I am not worthy to receive you,
but only say the word
and I shall be healed.**

*To those receiving Communion (by intinction), the celebrant
says:*

☩. The body and blood of Christ.

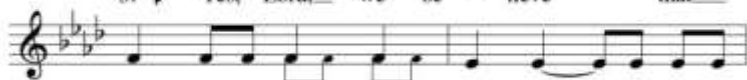
℞. Amen.

Communion Meditation

I Am the Bread of Life



1. I am the Bread of Life. You who
2. The bread that I will give is my
3. Un - less you eat of the
4. I am the Res - ur - rec - tion,
5. Yes, Lord, we be - lieve that



come to me shall not be hun - ger; and who be -
flesh for the life of the world, and if you
of the Son of Man and
I am the Life. If you be -
you are the Christ, the



lieve in me shall not thirst.
eat of this bread,
drink of his blood, and
lieve in me, and
Son of God,



No one can come to me un -
you shall live for - ev - er, you
drink of his blood, you
e - ven though you die, who
who has come in -



less the Fa - ther beck - ons,
you shall live for - ev - er.
shall not have life with - in you.
you shall live for - ev - er.
to the world.

Refrain



And I will raise you up, and I will



raise you up, and I will raise you



up on the last day.

Prayer after Communion

Lord,
you give us the strength of new life
by the gift of the eucharist.
Protect us with your love
and prepare us for eternal redemption.

We ask this through Christ our Lord.

R̄. Amen.

Prayer over the People (18)

Ÿ. The Lord be with you.

R̄. And also with you.

Ÿ. Bow your heads and pray for God's blessing.

Lord,
grant that your faithful people
may continually desire to relive the mystery of the eucharist
and so be reborn to lead a new life.
Grant this through Christ our Lord.

R̄. Amen

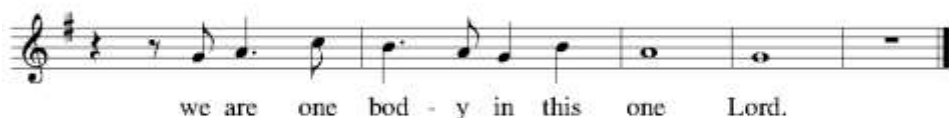
Ÿ. And may the blessing of almighty God,
the Father, and the Son, + and the Holy Spirit,
come upon you and remain with you forever.

R̄. Amen

Concluding Hymn

One Bread, One Body

Refrain



Verses



D.C.