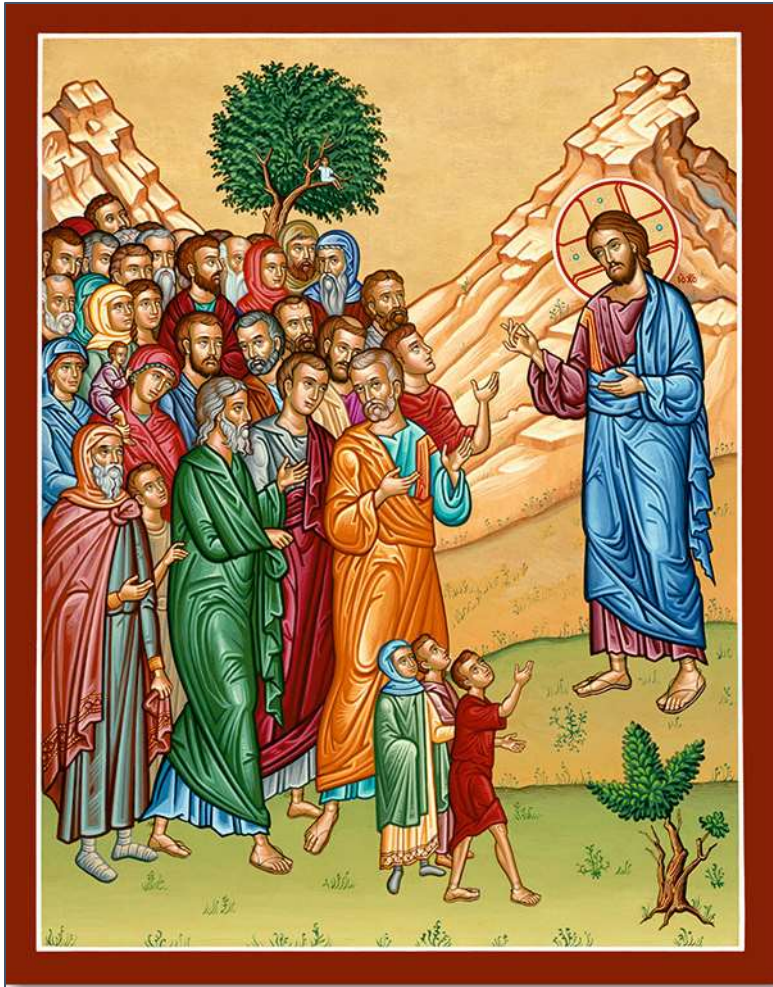


# Twenty-Second Sunday in Ordinary Time



*“Nothing that enters one from outside can defile that person;  
but the things that come out from within are what defile.”*

**(Cycle B)**

# INTRODUCTORY RITES

## Opening Hymn

### We Are The Light of the World

1. Bless - ed are they who are poor in spir - it,  
 2. Bless - ed are they who are meek and hum - ble,  
 3. Bless - ed are they who will mourn in sor - row,  
 4. Bless those who hun - ger and thirst for jus - tice,  
 5. Bless - ed are they who show oth - ers mer - cy,  
 6. Bless - ed are hearts that are clean and ho - ly,  
 7. Bless - ed are they who bring peace a - mong us,  
 8. Bless those Who suf - fer - from per - se - cu - tion,

1. Theirs is the king - dom of God. Bless us, O Lord, make us  
 2. They will in - her - it the earth. Bless us, O Lord, make us  
 3. They will be com - fort - ed. Bless us, O Lord, when we  
 4. They will be sat - is - fied. Bless us, O Lord, hear our;  
 5. They will know mer - cy too. Bless us, O Lord, hear our  
 6. They will be - hold the Lord. Bless us, O Lord, make us  
 7. They are the chil - dren of God. Bless us, O Lord, may your  
 8. Theirs is the king - dom of God. Bless us, O Lord, when they

1. poor in spir - it; Bless us, O Lord, our God.  
 2. meek and hum - ble; Bless us, O Lord, our God.  
 3. share their sor - row; Bless us, O Lord, our God.  
 4. cry for jus - tice; Bless us, O Lord, our God.  
 5. cry for mer - cy; Bless us, O Lord, our God.  
 6. pure and ho - ly; Bless us, O Lord, our God.  
 7. peace be with us; Bless us, O Lord, our God.  
 8. per - se - cute us; Bless us, O Lord, our God.

*Ref* We are the light of the world, may our light shine be - fore all,  
 That they may see the good that we do, and give glo - ry to God.

## Greeting

∇. In the Name of the Father, and of the Son, and of the Holy Spirit.

**R. Amen.**

∇. The grace and peace of our Lord, Jesus Christ,  
the Love of God  
and the Fellowship of the Holy Spirit be with you always.

**R. And also with you.**

## PENITENTIAL RITE (A)

*Invitation to reflect on our faults and failings.*

Ÿ To prepare ourselves to celebrate these sacred mysteries,  
let us call to mind our faults and failings  
and ask our heavenly Father in his mercy  
for his healing and forgiveness.

*Pause for silent reflection.*

**I confess to almighty God  
and to you, my brothers and sisters  
that I have sinned  
in my thoughts and in my words  
in what I have done  
and in what I have failed to do;  
and I ask blessed Mary ever-Virgin  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

Ÿ May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**Ŕ Amen.**

3.  XI-XIII. s.  
K Y-ri- e \* e-lé- i-son. ij. Christe e-lé- i-son. ij.  
Ký-ri- e e-lé- i-son. ij. Ký-ri- e \* e-lé- i-son.

## Gloria

*Priest/cantor:* *Alt:*

V  
G Ló-ri- a in excélsis De- o. Et in terra pax homí-  
*Choir* *Alt*  
ni-bus bonæ vo-luntá- tis. Laudá- mus te. Bene-dí- cimus  
te. Ado-rá- mus te. Glo-ri- fi- cá- mus te. Grá- ti- as á- gi- mus  
ti- bi propter magnam gló- ri- am tu- am. Dómi- ne De- us,  
Rex cæ- lé- stis, De- us Pa- ter omní- pot- ens. Dómi- ne Fi- li  
u- ní- gé- ni- te, Je- su Chri- ste. Dómi- ne De- us, Agnus  
De- i, Fí- li- us Pa- tris. Qui tollis peccá- ta mun- di, mí- se-  
ré- re no- bis. Qui tollis peccá- ta mundi, sú- sci- pe depre-  
ca- ti- ónem no- stram. Qui sedes ad dexte- ram Pa- tris, mí-  
se- ré- re no- bis. Quó- ni- am tu so- lus sanctus. Tu so- lus



Dómi-nus. Tu so-lus Altíssimus, Je-su Chri-ste. Cum San-



cto Spí-ri-tu, in gló-ri-a De-i Pa-tris. A- men.

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
You alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father.  
Amen.**

### **Opening Prayer**

Lord God of power and might,  
nothing is good which is against your will,  
and all is of value which comes from your hand.  
Place in our hearts a desire to please you  
and fill our minds with insight into love,  
so that every thought may grow in wisdom  
and all our efforts may be filled with your peace.

We ask this through Christ our Lord.

**℞. Amen.**

# LITURGY OF THE WORD

## Reading 1 (*Dt 4:1-2, 6-8*)

A reading from the Book of Deuteronomy

Moses said to the people:

“Now, Israel, hear the statutes and decrees  
which I am teaching you to observe,  
that you may live, and may enter in and take possession of the land  
which the LORD, the God of your fathers, is giving you.  
In your observance of the commandments of the LORD, your God,  
which I enjoin upon you,  
you shall not add to what I command you nor subtract from it.  
Observe them carefully,  
for thus will you give evidence  
of your wisdom and intelligence to the nations,  
who will hear of all these statutes and say,  
‘This great nation is truly a wise and intelligent people.’  
For what great nation is there  
that has gods so close to it as the LORD, our God, is to us  
whenever we call upon him?  
Or what great nation has statutes and decrees  
that are as just as this whole law  
which I am setting before you today?”

∇. This is the Word of the Lord.

**R.** Thanks be to God.

## Responsorial Psalm (*Ps 15:2-3, 3-4, 4-5*)



**R.** The one who does jus-tice will live in the pres-ence of the Lord.

Whoever walks blamelessly and does justice;  
who thinks the truth in his heart  
and slanders not with his tongue.

**℞. The one who does justice will live in the presence of the Lord.**

Who harms not his fellow man,  
nor takes up a reproach against his neighbor;  
by whom the reprobate is despised,  
while he honors those who fear the LORD.

**℞. The one who does justice will live in the presence of the Lord.**

Who lends not his money at usury  
and accepts no bribe against the innocent.  
Whoever does these things  
shall never be disturbed.

**℞. The one who does justice will live in the presence of the Lord.**

**Reading 2** (*Jas 1:17-18, 21b-22, 27*)

A reading from the letter of James

Dearest brothers and sisters:  
All good giving and every perfect gift is from above,  
coming down from the Father of lights,  
with whom there is no alteration or shadow caused by change.  
He willed to give us birth by the word of truth  
that we may be a kind of firstfruits of his creatures.

Humbly welcome the word that has been planted in you  
and is able to save your souls.

Be doers of the word and not hearers only, deluding yourselves.

Religion that is pure and undefiled before God and the Father is this:  
to care for orphans and widows in their affliction  
and to keep oneself unstained by the world.

✠. This is the Word of the Lord.

**℞. Thanks be to God.**

## Gospel Acclamation (*Jas 1:18*)



The Father willed to give us birth by the word of truth that we may be a kind of firstfruits of his creatures.



## Gospel (*Mk 7:1-8, 14-15, 21-23*)

☩. The Lord be with you.

**R.** And also with you.

☩. A reading from the Holy Gospel according to Mark.

*The celebrant and the people mark a cross on their foreheads (mind), their lips (speech) and over their hearts, asking the Lord to open them to his Word.*

**R.** Glory to you Lord.

When the Pharisees with some scribes who had come from Jerusalem gathered around Jesus, they observed that some of his disciples ate their meals with unclean, that is, unwashed, hands. —For the Pharisees and, in fact, all Jews, do not eat without carefully washing their hands, keeping the tradition of the elders. And on coming from the marketplace they do not eat without purifying themselves. And there are many other things that they have traditionally observed, the purification of cups and jugs and kettles and beds. — So the Pharisees and scribes questioned him, “Why do your disciples not follow the tradition of the elders but instead eat a meal with unclean hands?”



He responded,

“Well did Isaiah prophesy about you hypocrites, as it is written:

*This people honors me with their lips,  
but their hearts are far from me;  
in vain do they worship me,  
teaching as doctrines human precepts.*

You disregard God’s commandment but cling to human tradition.”

He summoned the crowd again and said to them,

“Hear me, all of you, and understand.

Nothing that enters one from outside can defile that person;  
but the things that come out from within are what defile.

“From within people, from their hearts,  
come evil thoughts, unchastity, theft, murder,  
adultery, greed, malice, deceit,  
licentiousness, envy, blasphemy, arrogance, folly.  
All these evils come from within and they defile.”

Ÿ. This is the Gospel of the Lord.

**R. Praise to you, Lord, Jesus Christ.**



**Homily**

## Nicene Creed

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, one in Being with the Father.**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:**

*All bow at these two lines*

**by the power of the Holy Spirit  
he was born of the Virgin Mary, and became man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered, died, and was buried.**

**On the third day he rose again in fulfillment of the Scriptures;  
he ascended into heaven and is seated at the right hand of the  
Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshipped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## General Intercessions

*The celebrant invites the congregation to pray and offers several  
prayer intentions. Each concludes, “**We pray to the Lord.**”*

**℟. Lord, hear our prayer.**

*The celebrant concludes the intercessions with a final short prayer  
ending with “. . . through Christ, our Lord.”*

**℟. Amen.**

## LITURGY OF THE EUCHARIST

### Offering of the Gifts

☩. Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

**℟. Blessed be God for ever.**

☩. Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

**℟. Blessed be God for ever.**

### Prayer over the Gifts

☩. Pray, my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

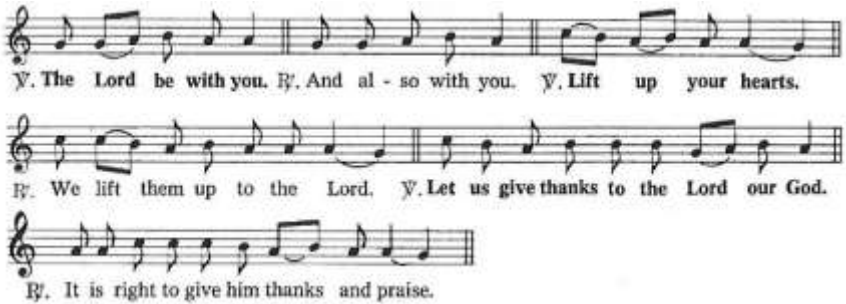
**℟. May the Lord accept the sacrifice at your hands,  
for the praise and glory of his name,  
for our good, and the good of all his Church.**

Lord,  
may this holy offering  
bring us your blessing  
and accomplish within us  
its promise of salvation.

Grant this through Christ our Lord.

**Preface and *Sanctus*** (Sundays in Ordinary Time VI)

*The Pledge of an Eternal Easter*



Y. The Lord be with you. R. And al - so with you. Y. Lift up your hearts.  
R. We lift them up to the Lord. Y. Let us give thanks to the Lord our God.  
R. It is right to give him thanks and praise.

*The celebrant recites or sings the Preface:*

Father, all-powerful and ever-living God,  
we do well always and everywhere to give you thanks.

In you we live and move and have our being.  
Each day you show us a Father's love;  
your Holy Spirit, dwelling within us,  
gives us on earth the hope of unending joy.

Your gift of the Spirit,  
who raised Jesus from the dead,  
is the foretaste and promise  
of the paschal feast of heaven.

With thankful praise,  
in company with the angels,  
we glorify the wonders of your power:

*(Sanctus XVIII Deus Genitor Alme)*



**S**anctus, \* Sanctus, Sanctus Dómi-nus De-us  
Sába-oth. Ple-ni sunt cæ-li et terra gló-ri-a  
tu-a. Ho-sánna in excélsis. Bene-díctus qui ve-nit  
in nómi-ne Dómi-ni. Ho-sánna in excél-sis.

### **Eucharistic Prayer (II)**

*The celebrant prays the Eucharistic Prayer. After the consecration, the celebrant sings:*

Ÿ. Let us proclaim the mystery of faith.



Christ has died, Christ is ris-en, Christ will come a - gain.

*The celebrant concludes the Eucharistic Prayer.*

Through him, with him and in him  
in the unity of the Holy Spirit  
all glory and honor are yours, Almighty Father  
Forever and ever.



A - men, A - men, A - men.

# COMMUNION LITURGY

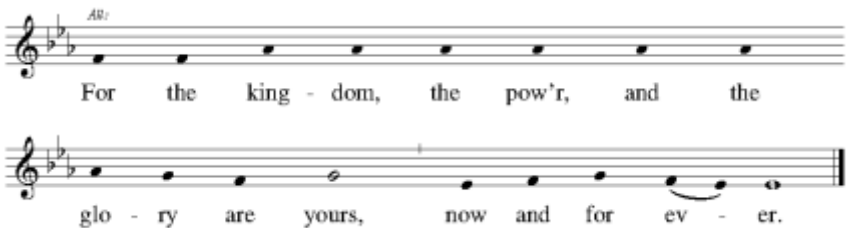
## The Lord's Prayer

Ÿ. We pray confidently in the words our Savior taught us:



Our Fa - ther, who art in heav - en, hal - lowed be thy name;  
thy king - dom come; thy will be done on earth as it  
is in heav - en. Give us this day our dai - ly bread;  
and for - give us our tres - pass - es as we for - give  
those who tres - pass a - gainst us; and lead us not  
in - to temp - ta - tion, but de - liv - er us from e - vil.

Ÿ. Deliver us, Lord, from every evil, and grant us peace in our day. In your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ.



*And*  
For the king - dom, the pow'r, and the  
glo - ry are yours, now and for ev - er.

## Exchange of Peace

Ÿ. Lord Jesus Christ, you said to your apostles: I leave you peace, my peace I give you. Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever.

**R̄. Amen.**

Ÿ. The Peace of the Lord be with you always.

**R̄. And also with you.**

Ÿ. Let us offer each other a sign of peace.

## Breaking of the Bread

*As the bread is broken, we sing or say:*

*(Agnus Dei XVIII Deus Genitor Alme)*



**A** -gnus De- i, \* qui tol-lis peccá-ta mundi : mi-se-  
ré-re no- bis. Agnus De- i, \* qui tol-lis peccá-ta mundi :  
mi-se-ré-re no- bis. Agnus De- i, \* qui tol-lis peccá-ta mun-  
di : do-na no-bis pa-cem.

☩. This is the Lamb of God who takes away the sins of the world.  
Happy are those who are called to his supper.

**℞. Lord, I am not worthy to receive you,  
but only say the word  
and I shall be healed.**

*To those receiving Communion (by intinction), the celebrant  
says:*

☩. The body and blood of Christ.

**℞. Amen.**



## Communion Meditation

### Our Hearts Are Restless



## Prayer after Communion

Lord,  
you renew us at your table with the bread of life.  
May this food strengthen us in love  
and help us to serve you in each other.

We ask this in the name of Jesus the Lord.

**R̄. Amen.**

## Solemn Blessing (14)

Ÿ. The Lord be with you.

**R̄. And also with you.**

Bow your heads and pray for God's blessing.

May almighty God keep you from all harm  
and bless you with every good gift.

**R̄. Amen**

May he set his Word in your heart  
and fill you with lasting joy.

**R̄. Amen**

May you walk in his ways,  
always knowing what is right and good,  
until you enter your heavenly inheritance.

**R̄. Amen**

Ÿ. And may almighty God bless you,  
the Father, and the Son, + and the Holy Spirit.

**R̄. Amen**

## Concluding Hymn

### O Breathe on Me, O Breath of God



1. O breathe on me, O Breath of God, Fill
2. O breathe on me, O Breath of God, Un -
3. O breathe on me, O Breath of God, My
4. O breathe on me, O Breath of God, So



1. me with life a - new, That I may love the
2. til my heart is pure; Un - til my will is
3. will to yours in - cline, Un - til this self - ish
4. I shall nev - er die, But live with you the



1. things you love, And do what you would do.
2. one with yours, To do and to en - dure.
3. part of me Glows with your fire di - vine.
4. per - fect life For all e - ter - ni - ty.