

I Am the Bread of Life

1. I am the Bread of Life. You who
 2. The bread that I will give is my
 3. Un - less you eat of the
 4. I am the Res - ur - rec - tion, that
 5. Yes, Lord, we be - lieve that

come to me shall not hun - ger; and who be -
 flesh for the life of the world, and if you
 flesh of the Son of Man and
 I am the Life. If you be -
 you are the Christ, the

lieve in me shall not thirst.
 eat of this bread,
 drink of his blood, and
 lieve in me,
 Son of God,

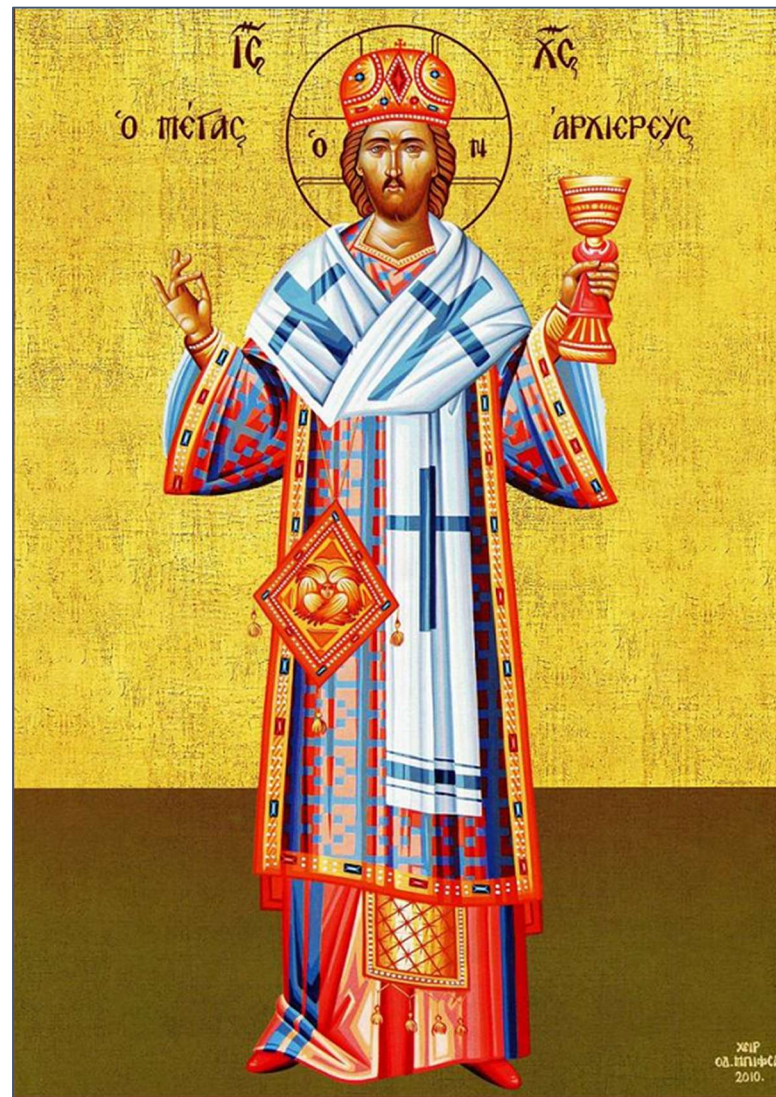
No one can come to me un -
 you shall live for ev - er,
 drink of his blood, you
 e - ven though you die,
 who has come in -

less the Fa - ther beck - ons.
 you shall live for ev - er.
 shall not have life with - in you.
 you shall live for ev - er.
 to the world.

Refrain

And I will raise you up, and I will
 raise you up, and I will raise you
 up on the last day.

Solemnity of the Body and Blood of Christ



*"Whoever eats my flesh and drinks my blood
 has eternal life,
 and I will raise him on the last day."*

(Cycle A)

INTRODUCTORY RITES

Opening Hymn

O Lord with Wondrous Mystery

1. O Lord, with won - drous mys - ter - y You
2. You are the same, our Christ and Lord, Who

1. take our bread and wine, And make of these two
2. blessed the sup - per room; You are the God who

1. hum - ble things Your - self, our Lord di - vine.
2. died and rose Tri - um - phant from the tomb.

1. Our wheat and drink be - come our Light, Our
2. This bread bears your di - vin - i - ty, This

1. al - tar bears your awe - some might; O Lord, we thank you
2. cup con - tains in - fin - i - ty; The mys - t'ry fills our

1. for the gift That lies be - fore our sight.
2. souls with love, O Ho - ly Maj - es - ty.

Greeting

℣. In the Name of the Father, and of the Son, and of the Holy Spirit.

℟. Amen.

℣. The grace and peace of our Lord, Jesus Christ,
the Love of God
and the Fellowship of the Holy Spirit be with you always.

℟. And also with you.

Prayer after Communion

Lord,
may the bread and cup we offer
bring your Church the unity and peace they signify.

We ask this in the name of Jesus our Lord.

℟. Amen.

CONCLUDING RITES

Prayer over the People

℣. The Lord be with you.

℟. And also with you.

℣. Bow your heads and pray for God's blessing.

May the peace of God
which is beyond all understanding
keep your hearts and minds
in the knowledge and love of God
and of his Son, our Lord Jesus Christ.

℟. Amen.

℣. And may the blessing of almighty God,
the Father, and the Son, + and the Holy Spirit,
come upon you and remain with you forever.

℟. Amen.

Communion Meditation

Ave Verum Corpus



2

A ve__ a__ ve ve__ rum_ cor_ pus

7

na tum de Ma ri a Vir__ gi ne Ve re pas_ sum

13

3

im_ mo la__ tum in cru__ ce pro ho__ mi ne

22

Cu jus la__ tus per__ to__ ra__ tum un da flu__ xit cum

28

san__ gui ne E sto no__ bis_ prae gus ta__ tum in mor__

35

__ tis ex a__ mi ne in mor__

40

3

__ tis ex a__ mi ne

PENITENTIAL RITE (C6 *de Angelis*)

Invitation to reflect on our faults and failings.

Ÿ To prepare ourselves to celebrate these sacred mysteries,
let us call to mind our faults and failings
and ask our heavenly Father in his mercy
for his healing and forgiveness.

Pause for silent reflection.

Ÿ Lord Jesus, you raise us to new life:



K ^v Y-ri- e * e- lé- i-son. *bis*

Ÿ Lord Jesus, you forgive us our sins:



Chri- ste e- lé- i-son. *bis*

Ÿ Lord Jesus, you feed us with your body and blood:



Ký-ri- e e- lé- i-son.

Ký-ri- e * ** e- lé- i-son.

Ÿ May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

Ŗ Amen.

Gloria

Priest/cantor: *All:*

V
G Ló-ri-a in excélsis De-o. Et in terra pax homí-
Choir: *All:*
ni-bus bonæ vo-luntá-tis. Laudá-mus te. Bene-dí-cimus
te. Ado-rá-mus te. Glo-ri-fi-cá-mus te. Grá-ti-as á-gimus
ti-bi propter magnam gló-ri-am tu-am. Dó-mi-ne De-us,
Rex cæ-lé-stis, De-us Pa-ter omní-pot-ens. Dó-mi-ne Fi-li
u-ni-gé-ni-te, Je-su Chri-ste. Dó-mi-ne De-us, Agnus
De-i, Fí-li-us Pa-tris. Qui tollis peccá-ta mun-di, mi-se-
ré-re no-bis. Qui tollis peccá-ta mundi, sú-sci-pe depre-
ca-ti-ónem no-stram. Qui sedes ad délixte-ram Pa-tris, mi-
se-ré-re no-bis. Quó-ni-am tu so-lus sanctus. Tu so-lus

Ÿ. This is the Lamb of God who takes away the sins of the world.
Happy are those who are called to his supper.

**Ŗ. Lord, I am not worthy to receive you,
but only say the word
and I shall be healed.**

*To those receiving Communion (by intinction), the celebrant
says:*

Ÿ. The body and blood of Christ.

Ŗ. Amen.

Exchange of Peace

Ÿ. Lord Jesus Christ, you said to your apostles: I leave you peace, my peace I give you. Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever.

R. Amen.

Ÿ. The Peace of the Lord be with you always.

R. And also with you.

Ÿ. Let us offer each other a sign of peace.

Breaking of the Bread

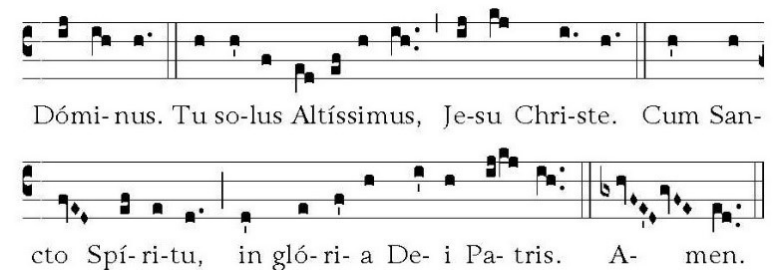
As the bread is broken, we sing or say:

(Agnus Dei VIII de Angelis)



VI XV. s.

A - gnus De- i, *qui tol-lis peccá-ta mun-di : mi-se-
ré- re no- bis. Agnus De- i, *qui tol- lis peccá-ta
mun-di : mi-se-ré- re no- bis. A-gnus De- i, *qui tol-
lis peccá-ta mun-di : dona no- bis pa- cem.



Dómi-nus. Tu so-lus Altíssimus, Je-su Chri-ste. Cum San-
cto Spí-ri-tu, in gló-ri-a De-i Pa-tris. A-men.

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One, you alone are the Lord,
You alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father.
Amen.**

Opening Prayer

Lord Jesus Christ,
we worship you living among us
in the sacrament of your body and blood.

May we offer to our Father in heaven
a solemn pledge of undivided love.
May we offer our brothers and sisters
a life poured out in loving service of that kingdom
where you live with the Father and the Holy Spirit,
one God for ever and ever.

R. Amen.

LITURGY OF THE WORD

Reading 1 (*Dt 8:2-3, 14b-16a*)

A reading from the Book of Deuteronomy.

Moses said to the people:

"Remember how for forty years now the LORD, your God, has directed all your journeying in the desert, so as to test you by affliction and find out whether or not it was your intention to keep his commandments. He therefore let you be afflicted with hunger, and then fed you with manna, a food unknown to you and your fathers, in order to show you that not by bread alone does one live, but by every word that comes forth from the mouth of the LORD.

"Do not forget the LORD, your God, who brought you out of the land of Egypt, that place of slavery; who guided you through the vast and terrible desert with its saraph serpents and scorpions, its parched and waterless ground; who brought forth water for you from the flinty rock and fed you in the desert with manna, a food unknown to your fathers."

℣. This is the Word of the Lord.

℟. Thanks be to God.

Responsorial Psalm (*Ps 147:12-13, 14-15, 19-20*)



Glorify the LORD, O Jerusalem;
praise your God, O Zion.
For he has strengthened the bars of your gates;
he has blessed your children within you.

℟. Praise the Lord, Jerusalem.

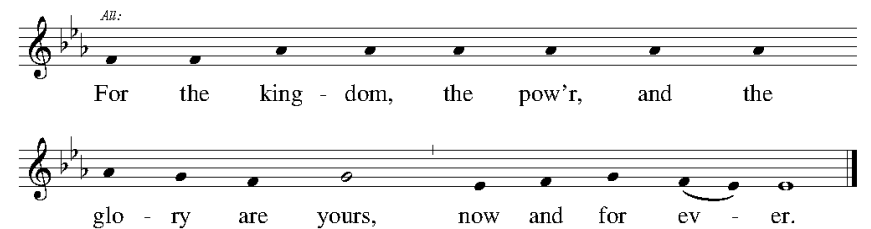
COMMUNION LITURGY

The Lord's Prayer

℣. We pray confidently in the words our Savior taught us:



℣. Deliver us, Lord, from every evil, and grant us peace in our day. In your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ.



(Sanctus VIII de Angelis)

VI (XI) XII. s.

S An-ctus, * Sanctus, San-ctus Dó-mi-nus

De-us Sá-ba-oth. Ple-ni sunt cae-li et

ter-ra gló-ri-a tu-a. Ho-sánna in excél-sis.

Bene-dí-ctus qui ve-nit in nó-mi-ne Dó-mi-ni. Ho-

sán-na in excél-sis.

Eucharistic Prayer (IV)

The celebrant prays the Eucharistic Prayer. After the consecration, the celebrant sings:

Ÿ. Let us proclaim the mystery of faith.

Christ has died, Christ is ris-en, Christ will come a - gain.

The celebrant concludes the Eucharistic Prayer.

Through him, with him and in him
in the unity of the Holy Spirit
all glory and honor are yours, Almighty Father
Forever and ever.

A - men, A - men, A - men.

He has granted peace in your borders;
with the best of wheat he fills you.
He sends forth his command to the earth;
swiftly runs his word!

℣. Praise the Lord, Jerusalem.

He has proclaimed his word to Jacob,
his statutes and his ordinances to Israel.
He has not done thus for any other nation;
his ordinances he has not made known to them. Alleluia.

℣. Praise the Lord, Jerusalem.

Reading 2 (1 Cor 10:16-17)

A reading from the first letter of Paul to the Corinthians.

Brothers and sisters:
The cup of blessing that we bless,
is it not a participation in the blood of Christ?
The bread that we break,
is it not a participation in the body of Christ?
Because the loaf of bread is one,
we, though many, are one body,
for we all partake of the one loaf.

Ÿ. This is the Word of the Lord.

℣. Thanks be to God.

Sequence (*Lauda Sion –Forma Brevis*)

VII
E C-CE PANIS ANGE-LÓRUM, Factus ci-bus vi- a-tó-rum: Ve-re pa-nis fi- li- ó-rum,
Non mit-tendus cá-ni-bus. 22. In fi-gú-ris præ-signá-tur, Cum I-sa- ac immo-lá-tur, Agnus
Paschæ de-pu-tá-tur, Da-tur manna pá-tri-bus. 23. Bone pastor, pa-nis ve-re, Je-su, nostri
mi-se-ré-re: Tu nos pasce, nos tu-é-re, Tu nos bona fac vi-dé-re In terra vi-vénti- um.
24. Tu qui cuncta scis et va-les, Qui nos pascis hic mor-tá-les: Tu- os i-bi commensá-les,
Co-he-ré-des et so-dá-les Fac sanctó-rum cí-vi- um.

Sequence (*Lauda Sion –Forma Brevis*)

Lo! the angel's food is given
To the pilgrim who has striven;
see the children's bread from heaven,
which on dogs may not be spent.

Truth the ancient types fulfilling,
Isaac bound, a victim willing,
Paschal lamb, its lifeblood spilling,
manna to the fathers sent.

Very bread, good shepherd, tend us,
Jesu, of your love befriend us,
You refresh us, you defend us,
Your eternal goodness send us
In the land of life to see.

You who all things can and know,
Who on earth such food bestow,
Grant us with your saints, though lowest,
Where the heav'nly feast you show,
Fellow heirs and guests to be. Amen. Alleluia.

Preface and *Sanctus* (Holy Eucharist I)

Y. The Lord be with you. R. And al - so with you. Y. Lift up your hearts.
R. We lift them up to the Lord. Y. Let us give thanks to the Lord our God.
R. It is right to give him thanks and praise.

The celebrant recites or sings the Preface:

Father, all-powerful and ever-living God,
we do well always and everywhere to give you thanks
through Jesus Christ our Lord.

He is the true and eternal priest
who established this unending sacrifice.
He offered himself as a victim for our deliverance
and taught us to make this offering in his memory.
As we eat his body which he gave for us,
we grow in strength.
As we drink his blood which he poured out for us,
we are washed clean.

Now, with angels and archangels
and the whole company of heaven,
we sing the unending hymn of your praise:

LITURGY OF THE EUCHARIST

Offering of the Gifts

℣. Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

℟. Blessed be God for ever.

℣. Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

℟. Blessed be God for ever.

Prayer over the Gifts

℣. Pray, my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

**℟. May the Lord accept the sacrifice at your hands,
for the praise and glory of his name,
for our good, and the good of all his Church.**

Lord,
may the bread and cup we offer
bring your Church the unity and peace they signify.

We ask this in the name of Jesus the Lord.

Gospel Acclamation (*Jn 6:51*)



I am the living bread that came down from heaven,
says the Lord;



whoever eats this bread will live forever.

Gospel (*Jn 6:51-58*)

℣. The Lord be with you.

℟. And also with you.

℣. A reading from the Holy Gospel according to Luke.

*The celebrant and the people mark a cross on their foreheads (mind),
their lips (speech) and over their hearts, asking the Lord to open them
to his Word.*

℟. Glory to you Lord.

Jesus said to the Jewish crowds:

"I am the living bread that came down from heaven;
whoever eats this bread will live forever;
and the bread that I will give
is my flesh for the life of the world."

The Jews quarreled among themselves, saying,

"How can this man give us his flesh to eat?"

Jesus said to them,

"Amen, amen, I say to you,

unless you eat the flesh of the Son of Man and drink his blood,
you do not have life within you.

Whoever eats my flesh and drinks my blood

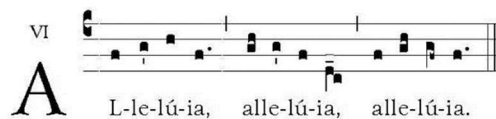
has eternal life,

and I will raise him on the last day.

For my flesh is true food,
and my blood is true drink.
Whoever eats my flesh and drinks my blood
remains in me and I in him.
Just as the living Father sent me
and I have life because of the Father,
so also the one who feeds on me
will have life because of me.
This is the bread that came down from heaven.
Unlike your ancestors who ate and still died,
whoever eats this bread will live forever."

℣. This is the Gospel of the Lord.

℟. Praise to you, Lord, Jesus Christ.



Homily

Nicene Creed

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, one in Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
All bow at these two lines
by the power of the Holy Spirit
he was born of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate;
he suffered, died, and was buried.
On the third day he rose again in fulfillment of the Scriptures;
he ascended into heaven and is seated at the right hand of the
Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshipped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen

General Intercessions

*The celebrant invites the congregation to pray and offers several
prayer intentions. Each concludes, "We pray to the Lord."*

℟. Lord, hear our prayer.

*The celebrant concludes the intercessions with a final short prayer
ending with "... through Christ, our Lord."*

℟. Amen.