

# Third Sunday of Easter



*“Look at my hands and my feet, that it is I myself.”*

**(Cycle B)**

# INTRODUCTORY RITES

## Opening Hymn

### O Sons and Daughters Let Us Sing



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.



1 O sons and daugh - ters, let us sing  
2 That Eas - ter morn, at break of day,  
3 An an - gel clad in white they see,  
4 That night the a - pos - tles met in fear;  
*Insert stanzas 5-8 if desired.*  
9 On this most ho - ly day of days,



with heav'n - ly hosts to Christ our king:  
the faith - ful wom - en went their way  
who sits and speaks un - to the three,  
a - mong them came their mas - ter dear,  
be laud and ju - bi - lee and praise:



to - day the grave has lost its sting! Al - le - lu - ia!  
to seek the tomb where Je - sus lay. Al - le - lu - ia!  
"Your Lord will go to Gal - i - lee." Al - le - lu - ia!  
and said, "My peace be with you here." Al - le - lu - ia!  
to God your hearts and voic - es raise. Al - le - lu - ia!

*After the final stanza*



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

- 5 When Thomas first the tidings heard,  
that they had seen the risen Lord,  
he doubted the disciples' word.  
Alleluia!
- 7 No longer Thomas then denied;  
he saw the feet, the hands, the side;  
"You are my Lord and God!" he cried.  
Alleluia!

## Greeting

Ÿ. In the Name of the Father, and of the Son, and of the Holy Spirit.

**R̄. Amen.**

Ÿ. The grace and peace of our Lord, Jesus Christ,  
the Love of God  
and the Fellowship of the Holy Spirit be with you always.

**R̄. And also with you.**

## PENITENTIAL RITE (*C6 de Angelis*)

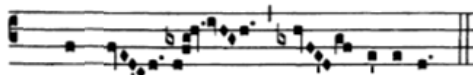
*Invitation to reflect on our faults and failings.*

Ÿ To prepare ourselves to celebrate these sacred mysteries,  
let us call to mind our faults and failings  
and ask our heavenly Father in his mercy  
for his healing and forgiveness.

Ÿ Lord Jesus, you raise us to new life:

**K**   
Y-ri- e \* e- lé- i-son. bis

Ÿ Lord Jesus, you forgive us our sins:

  
Chri- ste e- lé- i-son. bis

Ÿ Lord Jesus, you feed us with your body and blood:

  
Ký-ri- e e- lé- i-son.

  
Ký-ri- e \* \*\* e- lé- i-son.

Ÿ May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**R̄ Amen.**

# Gloria

*Priest/cantor:* *All:*

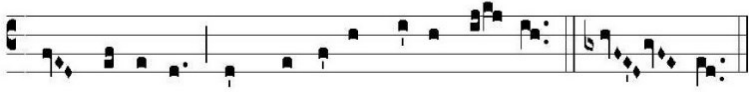
V  
G Ló-ri-a in excélsis De-o. Et in terra pax homí-

*Choir:* *All:*

ni-bus bonæ vo-luntá-tis. Laudá-mus te. Bene-dí-cimus  
te. Ado-rá-mus te. Glo-ri-fi-cá-mus te. Grá-ti-as á-gimus  
ti-bi propter magnam gló-ri-am tu-am. Dómi-ne De-us,  
Rex cæ-lé-stis, De-us Pa-ter omní-pot-ens. Dómi-ne Fi-li  
u-ni-gé-ni-te, Je-su Chri-ste. Dómi-ne De-us, Agnus  
De-i, Fí-li-us Pa-tris. Qui tollis peccá-ta mun-di, mi-se-  
ré-re no-bis. Qui tollis peccá-ta mundi, sú-sci-pe depre-  
ca-ti-ónem no-stram. Qui sedes ad déxte-ram Pa-tris, mi-  
se-ré-re no-bis. Quó-ni-am tu so-lus sanctus. Tu so-lus



Dómi-nus. Tu so-lus Altíssimus, Je-su Chri-ste. Cum San-



cto Spí-ri-tu, in gló-ri-a De-i Pa-tris. A-men.

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
You alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father.  
Amen.**

## **Opening Prayer**

Father in heaven, author of all truth,  
a people once in darkness has listened to your Word  
and followed your Son as he rose from the tomb.

Hear the prayer of this newborn people  
and strengthen your Church to answer your call.  
May we rise and come forth into the light of day  
to stand in your presence until eternity dawns.

We ask this through Christ our Lord.

**℟̄. Amen.**

## LITURGY OF THE WORD

### Reading 1 (*Acts 3:13-15, 17-19*)

A reading from the Acts of the Apostles

Peter said to the people:

“The God of Abraham,

the God of Isaac, and the God of Jacob,

the God of our fathers, has glorified his servant Jesus,

whom you handed over and denied in Pilate’s presence  
when he had decided to release him.

You denied the Holy and Righteous One

and asked that a murderer be released to you.

The author of life you put to death,

but God raised him from the dead; of this we are witnesses.

Now I know, brothers,

that you acted out of ignorance, just as your leaders did;

but God has thus brought to fulfillment

what he had announced beforehand

through the mouth of all the prophets,

that his Christ would suffer.

Repent, therefore, and be converted, that your sins may be wiped  
away.”

☩. This is the Word of the Lord.

**℟. Thanks be to God.**

### Responsorial Psalm (*Psalm 4:2, 4, 7-8, 9*)



Lord, let your face shine on us.

When I call, answer me, O my just God,  
you who relieve me when I am in distress;  
have pity on me, and hear my prayer!

**℟. Lord, let your face shine on us.**

Know that the LORD does wonders for his faithful one;  
the LORD will hear me when I call upon him.

**℟. Lord, let your face shine on us.**

O LORD, let the light of your countenance shine upon us!  
You put gladness into my heart.

**R̄. Lord, let your face shine on us.**

As soon as I lie down, I fall peacefully asleep,  
for you alone, O LORD,  
bring security to my dwelling.

**R̄. Lord, let your face shine on us.**

**Reading 2 (1 Jn 2:1-5a)**

A reading from the first letter of John.

My children, I am writing this to you  
so that you may not commit sin.  
But if anyone does sin, we have an Advocate with the Father,  
Jesus Christ the righteous one.  
He is expiation for our sins,  
and not for our sins only but for those of the whole world.  
The way we may be sure that we know him is to keep  
his commandments.  
Those who say, "I know him," but do not keep his commandments  
are liars, and the truth is not in them.  
But whoever keeps his word,  
the love of God is truly perfected in him.

Ÿ. This is the Word of the Lord.

**R̄. Thanks be to God.**

**Gospel Acclamation (Cf. Lk 24:32)**

Refrain



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

Lord Jesus, open the Scriptures to us;  
make our hearts burn while you speak to us.

Refrain



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

## Gospel (Lk 24:35-48)

Ÿ. The Lord be with you.

**Ř. And also with you.**

Ÿ. A reading from the Holy Gospel according to Luke.

*The celebrant and the people mark a cross on their foreheads (mind), their lips (speech) and over their hearts, asking the Lord to open them to his Word.*

**Ř. Glory to you Lord.**

The two disciples recounted what had taken place on the way,  
and how Jesus was made known to them  
in the breaking of bread.

While they were still speaking about this,  
he stood in their midst and said to them,  
“Peace be with you.”

But they were startled and terrified  
and thought that they were seeing a ghost.  
Then he said to them, “Why are you troubled?  
And why do questions arise in your hearts?  
Look at my hands and my feet, that it is I myself.  
Touch me and see, because a ghost does not have flesh and bones  
as you can see I have.”

And as he said this,  
he showed them his hands and his feet.  
While they were still incredulous for joy and were amazed,  
he asked them, “Have you anything here to eat?”  
They gave him a piece of baked fish;  
he took it and ate it in front of them.

He said to them,  
“These are my words that I spoke to you while I was still with you,  
that everything written about me in the law of Moses  
and in the prophets and psalms must be fulfilled.”  
Then he opened their minds to understand the Scriptures.  
And he said to them,



“Thus it is written that the Christ would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name to all the nations, beginning from Jerusalem. You are witnesses of these things.”

∿. This is the Gospel of the Lord.

**R̄. Praise to you, Lord, Jesus Christ.**

Refrain

Al - le - lu - ia!    Al - le - lu - ia!    Al - le - lu - ia!

**Homily**

## Nicene Creed

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, one in Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

*All bow at these two lines*

by the power of the Holy Spirit

he was born of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate;

he suffered, died, and was buried.

On the third day he rose again in fulfillment of the Scriptures;

he ascended into heaven and is seated at the right hand of the  
Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.

With the Father and the Son he is worshipped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen

## General Intercessions

*The celebrant invites the congregation to pray and offers several  
prayer intentions. Each concludes, "We pray to the Lord."*



**R.** Lord, we ask you, hear our prayer.

*The celebrant concludes the intercessions with a final short prayer  
ending with "... through Christ, our Lord."*

**R.** Amen.

# LITURGY OF THE EUCHARIST

## Offering of the Gifts

☩. Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

**℟. Blessed be God for ever.**

☩. Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

**℟. Blessed be God for ever.**

## Prayer over the Gifts

☩. Pray, my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.


**℟. May the Lord accept the sacrifice at your hands,  
for the praise and glory of his name,  
for our good, and the good of all his Church.**


Lord,  
receive these gifts from your Church.  
May the great joy you give us  
come to perfection in heaven.


Grant this through Christ our Lord.

**℟. Amen.**

## Preface and *Sanctus* (Easter II)

  
☩. The Lord be with you. ℟. And al - so with you. ☩. Lift up your hearts.

  
℟. We lift them up to the Lord. ☩. Let us give thanks to the Lord our God.

  
℟. It is right to give him thanks and praise.

Father, all-powerful and ever-living God,  
we do well always and everywhere to give you thanks  
through Jesus Christ our Lord.

We praise you with greater joy than ever in this Easter season,  
when Christ became our paschal sacrifice.

He has made us children of the light,  
rising to new and everlasting life.  
He has opened the gates of heaven  
to receive his faithful people.  
His death is our ransom from death;  
his resurrection is our rising to life.

The joy of the resurrection renews the whole world,  
while the choirs of heaven sing for ever to your glory:

*The celebrant recites or sings the Preface. At the conclusion, we sing  
or say:*

*(Sanctus VIII De Angelis)*

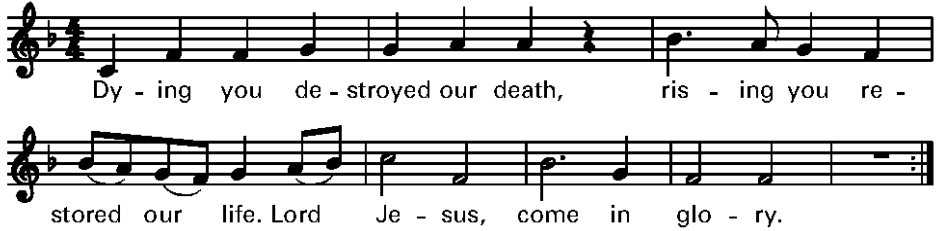
VI (XI) XII. s.

**S** An- ctus, \* Sanctus, San- ctus Dó- mi- nus  
De- us Sá- ba- oth. Ple- ni sunt cae- li et  
ter- ra gló- ri- a tu- a. Ho- sánna in excél- sis.  
Bene- dí- ctus qui ve- nit in nómi- ne Dó- mi- ni. Ho-  
sán- na in excél- sis.

## Eucharistic Prayer (II)

*The celebrant prays the Eucharistic Prayer. After the consecration, the celebrant sings:*

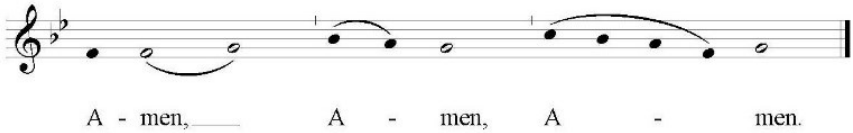
∇. Let us proclaim the mystery of faith.



Dy - ing you de - stroyed our death, ris - ing you re -  
stored our life. Lord Je - sus, come in glo - ry.

*The celebrant concludes the Eucharistic Prayer.*

Through him, with him and in him  
in the unity of the Holy Spirit  
all glory and honor are yours, Almighty Father  
Forever and ever.

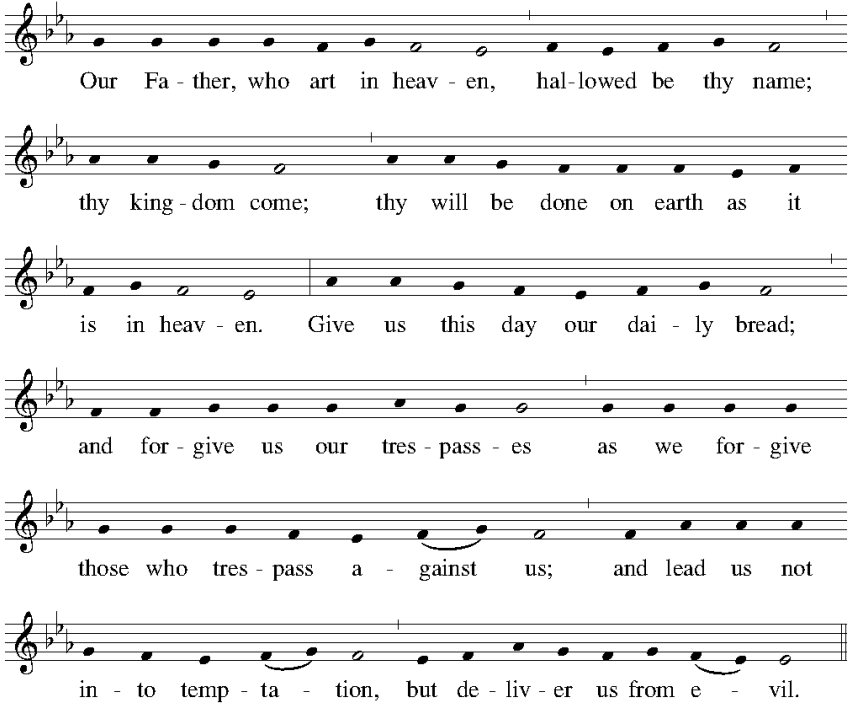


A - men, A - men, A - men.

# COMMUNION LITURGY

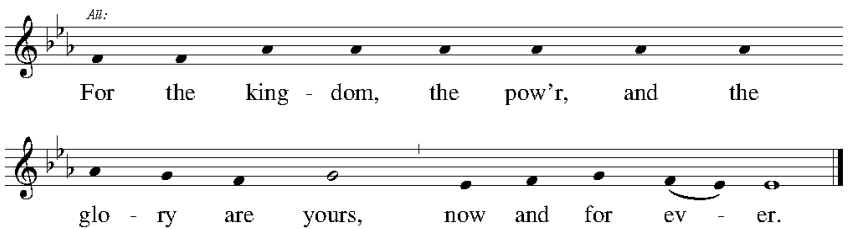
## The Lord's Prayer

∿. We pray confidently in the words our Savior taught us:



Our Fa - ther, who art in heav - en, hal - lowed be thy name;  
thy king - dom come; thy will be done on earth as it  
is in heav - en. Give us this day our dai - ly bread;  
and for - give us our tres - pass - es as we for - give  
those who tres - pass a - gainst us; and lead us not  
in - to temp - ta - tion, but de - liv - er us from e - vil.

∿. Deliver us, Lord, from every evil, and grant us peace in our day. In your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ.



*All:*  
For the king - dom, the pow'r, and the  
glo - ry are yours, now and for ev - er.

## Exchange of Peace

Ÿ. Lord Jesus Christ, you said to your apostles: I leave you peace, my peace I give you. Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever.

**R.** Amen.

Ÿ. The Peace of the Lord be with you always.

**R.** And also with you.

Ÿ. Let us offer each other a sign of peace.

## Breaking of the Bread

*As the bread is broken, we sing or say:*

*(Agnus Dei VIII De Angelis)*

VI XV. s.



**A** - gnus De- i, \* qui tol- lis peccá-ta mun-di : mi-se-  
ré-re no- bis. Agnus De- i, \* qui tol- lis peccá-ta  
mun-di : mi-se-ré-re no- bis. A-gnus De- i, \* qui tol-  
lis peccá-ta mun-di : dona no- bis pa- cem.

Ÿ. This is the Lamb of God who takes away the sins of the world.  
Happy are those who are called to his supper.

**R. Lord, I am not worthy to receive you,  
but only say the word  
and I shall be healed.**

*To those receiving Communion (by intinction), the celebrant  
says:*

Ÿ. The body and blood of Christ.

**R. Amen.**

## Communion Meditation

### At the Lamb's High Feast We Sing



1. At the Lamb's high feast we sing Praise to our vic -  
2. Where the Pas - chal blood is poured, Death's dark an - gel  
3. Eas - ter tri - umph, Eas - ter joy, Sin a - lone can



1. to - rious King, He has washed us in the tide  
2. sheathes his sword; Is - rael's hosts tri - um - phant go  
3. this de - stroy; From sin's pow'r do thou set free



1. Flow - ing from his o - pen side; Praise we him, whose  
2. Through the wave that drowns the foe. Praise we Christ, whose  
3. Souls new-born, O Lord, in thee. Hymns of glo - ry,



1. love di - vine Gives his sa - cred Blood for wine, Gives his  
2. blood was shed, Pas - chal vic - tim, Pas - chal bread; With sin -  
3. songs of praise, Fa - ther, un - to thee we raise: Ris - en



1. Bod - y for the feast, Christ the vic - tim, Christ the priest.  
2. cer - i - ty and love Eat we man - na from a - bove.  
3. Lord, all praise to thee With the Spir - it ev - er be.



## Prayer after Communion

Lord,  
look on your people with kindness  
and by these Easter mysteries  
bring us to the glory of the resurrection.

We ask this in the name of Jesus the Lord.

**R̄. Amen.**

## CONCLUDING RITES

### Prayer over the People (11)

Ÿ. The Lord be with you.

**R̄. And also with you.**

Ÿ. Bow your heads and pray for God's blessing.

Lord,  
bless us with your heavenly gifts,  
and in your mercy make us ready to do your will.

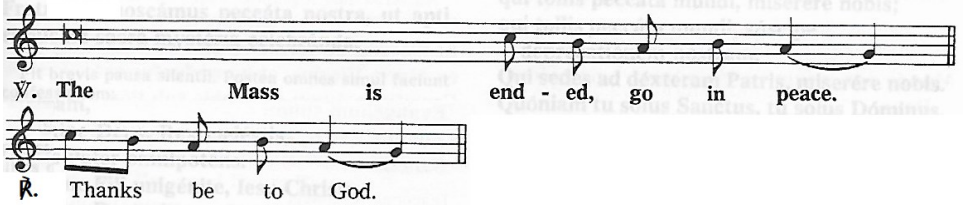
We ask this through Christ our Lord.

**R̄. Amen.**

Ÿ. And may the blessing of almighty God,  
the Father, and the Son, + and the Holy Spirit,  
come upon you and remain with you forever.

**R̄. Amen.**

## Dismissal



Y. The Mass is end - ed, go in peace.

R. Thanks be to God.

## Closing Hymn

### Praise My Soul the King of Heaven



1. Praise, my soul, the King of heav - en; To his
2. Praise him for his grace and fa - vor To his
3. Fa - ther - like he tends and spares us; Well our
4. An - gels, help us to a - dore him; You be -



1. feet thy trib - ute bring; Ran - somed, healed, re - stored, for -
2. chil - dren in dis - tress; Praise him still the same as
3. fee - ble frame he knows; In his hands he gen - tly
4. hold him face to face; Sun and moon, bow down be -



1. giv - en, Ev - er - more his prais - es sing: Al - le - lu - ia!
2. ev - er, Slow to chide and swift to bless: Al - le - lu - ia!
3. bears us, Res - cues us from all our foes. Al - le - lu - ia!
4. fore him, In his ho - ly dwell - ing place. Al - le - lu - ia!



1. Al - le - lu - ia! Praise the ev - er - last - ing King.
2. Al - le - lu - ia! Glo - rious in his faith - ful - ness.
3. Al - le - lu - ia! Wide - ly yet his mer - cy flows.
4. Al - le - lu - ia! Praise with us the God of grace.