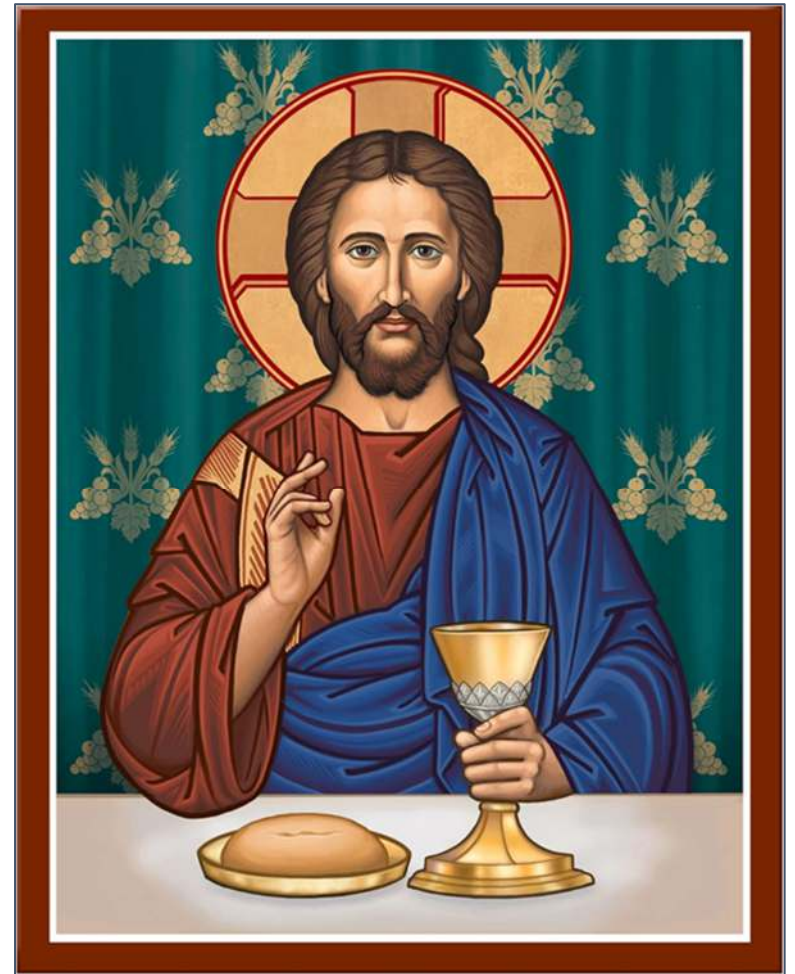


## Twentieth Sunday in Ordinary Time



*"Whoever eats my flesh and drinks my blood  
remains in me and I in him."*

(Cycle B)

## INTRODUCTORY RITES

### Opening Hymn

#### You Call Us to the Feast



1. You call us to the feast where  
2. Be - cause you bid us come, with  
3. Lord, grant us hum - bled hearts that  
4. Re - ceive our thanks, O Christ, for



you pre - side with grace. In bro - ken bread and  
rev - 'rence we draw near. We long to share this  
know their guilt and loss, and fill our emp - ty,  
gifts you here sup - ply— our life re-newed, our



of - fered cup you meet us face to face.  
meal with you, your Word of prom - ise hear.  
wait - ing hands with to - kens of your cross.  
hope re - stored through love that can - not die.

### Greeting

✠. In the Name of the Father, and of the Son, and of the Holy Spirit.

**℟. Amen.**

✠. The grace and peace of our Lord, Jesus Christ,  
the Love of God  
and the Fellowship of the Holy Spirit be with you always.

**℟. And also with you.**

## Concluding Hymn

### In the Breaking of the Bread

Refrain In the break - ing of the

Verses 1. Bread for the jour - ney, strength for our  
2. Bread of the prom - ise, peo - ple of

bread we have known him;  
1. years, man - na of ag - es, of  
2. hope, wine of com - pas - sion, \_\_\_\_\_

we have been fed. Je - sus the  
1. strug - gle and tears. Cup of sal -  
2. life for the world. Gath - ered at

strang - er, Je - sus the Lord,  
1. va - tion, fruit of the land,  
2. ta - ble, joined as his bod - y, \_\_\_\_\_

be our com - pan ion;  
1. bless and re - ceive now,  
2. sealed in the Spir - it, \_\_\_\_\_

be our hope. (to Verses)  
1. the work of our hands. (to Refrain)  
2. sent by the Word. (to Refrain)

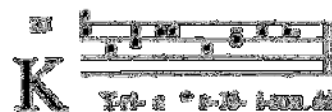
## PENITENTIAL RITE (C6)

*Invitation to reflect on our faults and failings.*

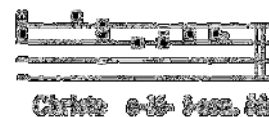
Ÿ To prepare ourselves to celebrate these sacred mysteries,  
let us call to mind our faults and failings  
and ask our heavenly Father in his mercy  
for his healing and forgiveness.

*Pause for silent reflection.*

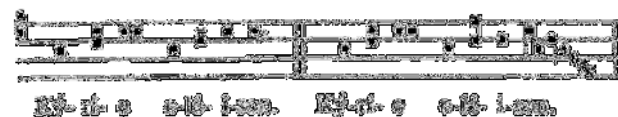
Ÿ Lord Jesus, you raise us to new life:



Ÿ Lord Jesus, you forgive us our sins:



Ÿ Lord Jesus, you feed us with your body and blood:



Ÿ May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**R Amen.**

## Gloria

*Priest/cantor:* *All:*

V **G** Ló-ri- a in excélsis De- o. Et in terra pax homí-  
*Choir:* *All:*  
ni-bus bonæ vo-luntá- tis. Laudá- mus te. Bene-dí- cimus  
te. Ado-rá- mus te. Glo-ri- fi- cá- mus te. Grá- ti- as á- gi- mus  
ti- bi propter magnam gló- ri- am tu- am. Dómi- ne De- us,  
Rex cæ- lé- stis, De- us Pa- ter omní- pot- ens. Dómi- ne Fi- li  
u- ni- gé- ni- te, Je- su Chri- ste. Dómi- ne De- us, Agnus  
De- i, Fí- li- us Pa- tris. Qui tollis peccá- ta mun- di, mi- se-  
ré- re no- bis. Qui tollis peccá- ta mundi, sú- sci- pe depre-  
ca- ti- ónem no- stram. Qui sedes ad dexte- ram Pa- tris, mi-  
se- ré- re no- bis. Quó- ni- am tu so- lus sanctus. Tu so- lus

## Prayer after Communion

God of mercy,  
by this sacrament you make us one with Christ.  
By becoming more like him on earth,  
may we come to share his glory in heaven,  
where he lives and reigns for ever and ever.

**℟. Amen.**

## Prayer over the People (18)

℣. The Lord be with you.

**℟. And also with you.**

℣. Bow your heads and pray for God's blessing.

Lord,  
grant that your faithful people  
may continually desire to relive the mystery of the eucharist  
and so be reborn to lead a new life.  
Grant this through Christ our Lord.

**℟. Amen**

℣. And may the blessing of almighty God,  
the Father, and the Son, + and the Holy Spirit,  
come upon you and remain with you forever.

**℟. Amen**

## Communion Meditation

### I am the Bread of Life

1. I am the Bread of Life. You who  
2. The bread that I will give is my  
3. Un-less you eat of the  
4. I am the Res-ur-rec-tion, that  
5. Yes, Lord, we be-lieve that

come to me shall not hun-ger; and who be-  
flesh for the life of the world, and if you  
flesh of the Son of Man and  
I am the Life. If you be-  
you are the Christ, the

lieve in me shall not thirst.  
eat of this bread,  
drink of his blood, and  
lieve in me,  
Son of God,

No one can come to me un-  
you shall live for ev-er,  
drink of his blood, you  
e-ven though you die,  
who has come in-

less the Fa-ther beck-ons.  
you shall live for ev-er.  
shall not have life with in you.  
you shall live for ev-er.  
to the world.

**Refrain**  
And I will raise you up, and I will  
raise you up, and I will raise you  
up on the last day.

Dómi-nus. Tu so-lus Altíssimus, Je-su Chri-ste. Cum San-  
cto Spí-ri-tu, in gló-ri-a De-i Pa-tris. A-men.

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
You alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father.  
Amen.

### Opening Prayer

Let us pray  
with humility and persistence.

Almighty God, ever-loving Father,  
your care extends beyond the boundaries of race and nation  
to the hearts of all who live.

May the walls, which prejudice raises between us  
crumble beneath the shadow of your outstretched arm.

We ask this through Christ our Lord.

**R. Amen.**

## LITURGY OF THE WORD

### Reading 1 (*Prv 9:1-6*)

A reading from the first Book of Proverbs

Wisdom has built her house,  
she has set up her seven columns;  
she has dressed her meat, mixed her wine,  
yes, she has spread her table.  
She has sent out her maidens; she calls  
from the heights out over the city:  
"Let whoever is simple turn in here;  
To the one who lacks understanding, she says,  
Come, eat of my food,  
and drink of the wine I have mixed!  
Forsake foolishness that you may live;  
advance in the way of understanding."

℣. This is the Word of the Lord.

℟. Thanks be to God.

### Responsorial Psalm (*Ps 34:2-3, 4-5, 6-7, 8-9*)



I will bless the LORD at all times;  
his praise shall be ever in my mouth.  
Let my soul glory in the LORD;  
the lowly will hear me and be glad.

℟. Taste and see the goodness of the Lord.

Glorify the LORD with me,  
Let us together extol his name.  
I sought the LORD, and he answered me  
and delivered me from all my fears.

## Exchange of Peace

℣. The Peace of the Lord be with you always.

℟. And also with you.

℣. Let us offer each other a sign of peace.

## Breaking of the Bread

*As the bread is broken, we sing or say:*

*(Agnus Dei XVIII Deus Genitor Alme)*

A -gnus De-i, \* qui tol-lis peccá-ta mundi : mi-se-  
ré-re no-bis. Agnus De-i, \* qui tol-lis peccá-ta mundi :  
mi-se-ré-re no-bis. Agnus De-i, \* qui tol-lis peccá-ta mun-  
di : do-na no-bis pa-cem.

℣. This is the Lamb of God who takes away the sins of the world.  
Happy are those who are called to his supper.

℟. Lord, I am not worthy to receive you,  
but only say the word  
and I shall be healed.

*To those receiving Communion (by intinction), the celebrant says:*

℣. The body and blood of Christ.

℟. Amen.

## COMMUNION LITURGY

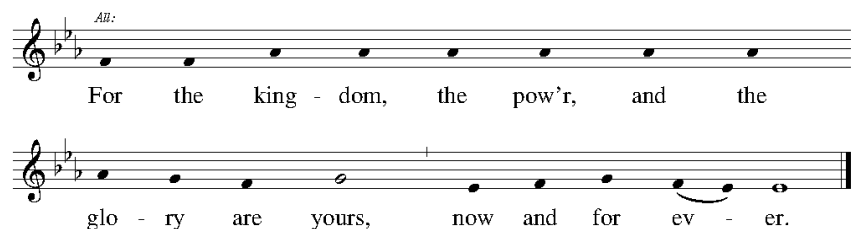
### The Lord's Prayer

℣. We pray confidently in the words our Savior taught us:



Our Fa - ther, who art in heav - en, hal - lowed be thy name;  
thy king - dom come; thy will be done on earth as it  
is in heav - en. Give us this day our dai - ly bread;  
and for - give us our tres - pass - es as we for - give  
those who tres - pass a - gainst us; and lead us not  
in - to temp - ta - tion, but de - liv - er us from e - vil.

℣. Deliver us, Lord, from every evil, and grant us peace in our day. In your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ.



*All:*  
For the king - dom, the pow'r, and the  
glo - ry are yours, now and for ev - er.

### ℟. Taste and see the goodness of the Lord.

Look to him that you may be radiant with joy.  
and your faces may not blush with shame.  
When the afflicted man called out, the LORD heard,  
and from all his distress he saved him.

### ℟. Taste and see the goodness of the Lord.

### Reading 2 (*Eph 5:15-20*)

A reading from the letter of Paul to the Ephesians.

Brothers and sisters:  
Watch carefully how you live,  
not as foolish persons but as wise,  
making the most of the opportunity,  
because the days are evil.  
Therefore, do not continue in ignorance,  
but try to understand what is the will of the Lord.  
And do not get drunk on wine, in which lies debauchery,  
but be filled with the Spirit,  
addressing one another in psalms and hymns and spiritual songs,  
singing and playing to the Lord in your hearts,  
giving thanks always and for everything  
in the name of our Lord Jesus Christ to God the Father.

℣. This is the Word of the Lord.

### ℟. Thanks be to God.



## Gospel Acclamation (Jn 10:27)



Whoever eats my flesh and drinks my blood  
remains in me and I in him, says the Lord.



## Gospel (Jn 6:51-58)

℣. The Lord be with you.

℟. And also with you.

℣. A reading from the Holy Gospel according to John.

*The celebrant and the people mark a cross on their foreheads (mind),  
their lips (speech) and over their hearts, asking the Lord to open them  
to his Word.*

℟. Glory to you Lord.

Jesus said to the crowds:

"I am the living bread that came down from heaven;  
whoever eats this bread will live forever;  
and the bread that I will give  
is my flesh for the life of the world."

The Jews quarreled among themselves, saying,  
"How can this man give us his flesh to eat?"

Jesus said to them,

"Amen, amen, I say to you,  
unless you eat the flesh of the Son of Man and drink his blood,  
you do not have life within you.  
Whoever eats my flesh and drinks my blood  
has eternal life,  
and I will raise him on the last day.

## Eucharistic Prayer (IV)

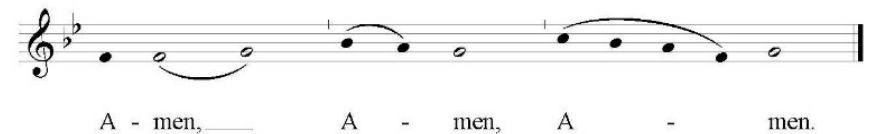
*The celebrant prays the Eucharistic Prayer. After the consecration, the  
celebrant sings:*

℣. Let us proclaim the mystery of faith.



*The celebrant concludes the Eucharistic Prayer.*

Through him, with him and in him  
in the unity of the Holy Spirit  
all glory and honor are yours, Almighty Father  
Forever and ever.





*The celebrant recites or sings the Preface:*

Father, all-powerful and ever-living God,  
we do well always and everywhere to give you thanks  
through Jesus Christ our Lord.

In his birth we are reborn.  
In his suffering we are freed from sin.  
By his rising from the dead we rise to everlasting life.  
In his return to you in glory  
we enter into your heavenly kingdom.

And so, we join the angels and the saints  
as they sing their unending hymn of praise:



**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

For my flesh is true food,  
and my blood is true drink.  
Whoever eats my flesh and drinks my blood  
remains in me and I in him.  
Just as the living Father sent me  
and I have life because of the Father,  
so also the one who feeds on me  
will have life because of me.  
This is the bread that came down from heaven.  
Unlike your ancestors who ate and still died,  
whoever eats this bread will live forever.”

Ÿ. This is the Gospel of the Lord.

**℟. Praise to you, Lord, Jesus Christ.**



**Homily**

## Nicene Creed

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, one in Being with the Father.  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
*All bow at these two lines*  
by the power of the Holy Spirit  
he was born of the Virgin Mary, and became man.  
For our sake he was crucified under Pontius Pilate;  
he suffered, died, and was buried.  
On the third day he rose again in fulfillment of the Scriptures;  
he ascended into heaven and is seated at the right hand of the  
Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshipped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## General Intercessions

*The celebrant invites the congregation to pray and offers several prayer intentions. Each concludes, "We pray to the Lord."*

**℟. Lord, hear our prayer.**

*The celebrant concludes the intercessions with a final short prayer ending with "... through Christ, our Lord."*

**℟. Amen.**

## LITURGY OF THE EUCHARIST

### Offering of the Gifts

℣. Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

**℟. Blessed be God for ever.**

℣. Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

**℟. Blessed be God for ever.**

### Prayer over the Gifts

℣. Pray, my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

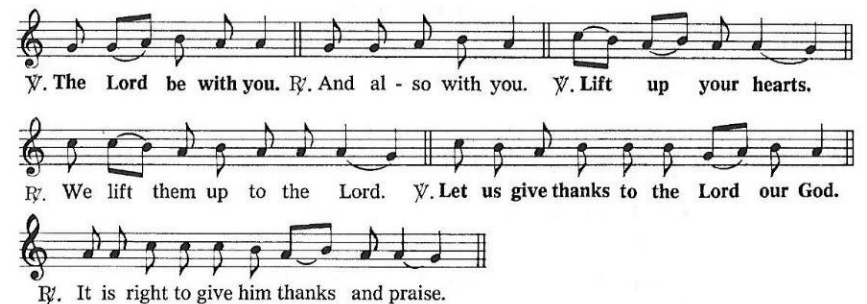
**℟. May the Lord accept the sacrifice at your hands,  
for the praise and glory of his name,  
for our good, and the good of all his Church.**

Lord,  
accept our sacrifice  
as a holy exchange of gifts.  
By offering what you have given us  
may we receive the gift of yourself.

We ask this in the name of Jesus the Lord.

### Preface and *Sanctus* (Sundays in Ordinary Time IV)

*The history of salvation*



℣. The Lord be with you. ℟. And al - so with you. ℣. Lift up your hearts.  
℟. We lift them up to the Lord. ℣. Let us give thanks to the Lord our God.  
℟. It is right to give him thanks and praise.