

Fourteenth Sunday in Ordinary Time



*"Come to me, all you who labor and are burdened,
and I will give you rest."*

(Cycle A)

INTRODUCTORY RITES


Opening Hymn

Be Not Afraid

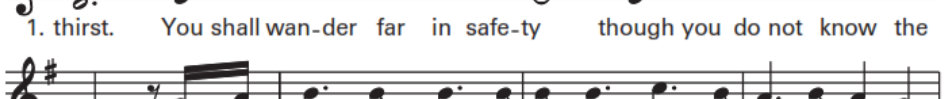
Verse 1



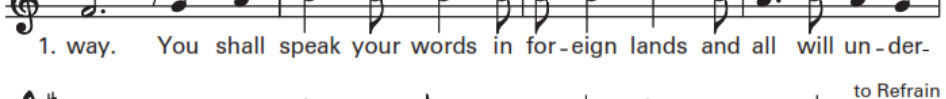
1. You shall cross the bar-ren des-ert, but you shall not die of



1. thirst. You shall wan-der far in safe-ty though you do not know the



1. way. You shall speak your words in for-eign lands and all will un-der-



1. stand. You shall see the face of God and live.

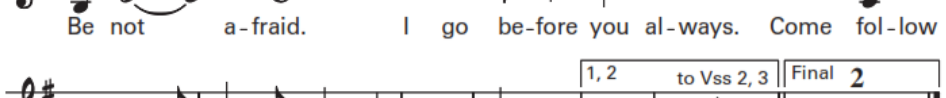
to Refrain



Refrain

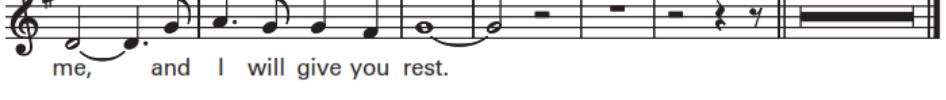


Be not a-fraid. I go be-fore you al-ways. Come fol-low



me, and I will give you rest.

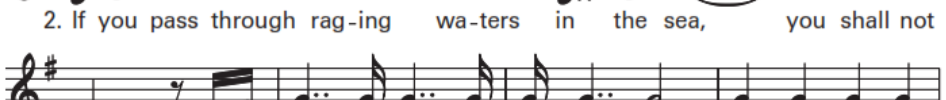
1, 2 to Vss 2, 3 Final 2



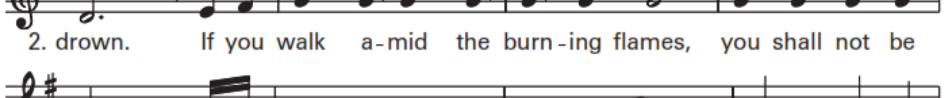
Verse 2



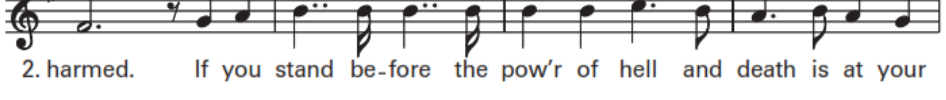
2. If you pass through rag-ing wa-ters in the sea, you shall not



2. drown. If you walk a-mid the burn-ing flames, you shall not be

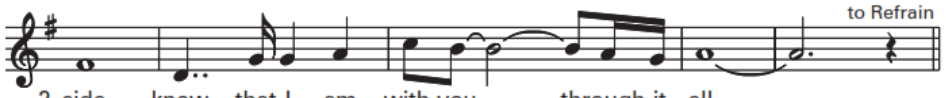


2. harmed. If you stand be-fore the pow'r of hell and death is at your



2. side, know that I am with you through it all.

to Refrain



Greeting

☩ In the Name of the Father, and of the Son, and of the Holy Spirit.

℞. Amen.

☩ The grace and peace of our Lord, Jesus Christ,
the Love of God
and the Fellowship of the Holy Spirit be with you always.

℞. And also with you.

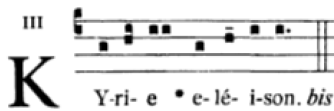
PENITENTIAL RITE (C8)

Invitation to reflect on our faults and failings.

☩ To prepare ourselves to celebrate these sacred mysteries,
let us call to mind our faults and failings
and ask our heavenly Father in his mercy
for his healing and forgiveness.

Pause for silent reflection.

☩ Lord Jesus, you healed the sick:



☩ Lord Jesus, you forgave sinners:



☩ Lord Jesus, you give us yourself to heal us
and bring us strength:



☩ May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

℞ Amen.

Gloria

Priest/cantor: *All:*

V
G Ló-ri-a in excélsis De-o. Et in terra pax homí-

Choir: *All:*

ni-bus bonæ vo-luntá-tis. Laudá-mus te. Bene-dí-cimus
te. Ado-rá-mus te. Glo-ri-fi-cá-mus te. Grá-ti-as á-gimus
ti-bi propter magnam gló-ri-am tu-am. Dómi-ne De-us,
Rex cæ-lé-stis, De-us Pa-ter omní-pot-ens. Dómi-ne Fi-li
u-ni-gé-ni-te, Je-su Chri-ste. Dómi-ne De-us, Agnus
De-i, Fí-li-us Pa-tris. Qui tollis peccá-ta mun-di, mi-se-
ré-re no-bis. Qui tollis peccá-ta mundi, sú-sci-pe depre-
ca-ti-ónem no-stram. Qui sedes ad déxte-ram Pa-tris, mi-
se-ré-re no-bis. Quó-ni-am tu so-lus sanctus. Tu so-lus

LITURGY OF THE WORD

Reading 1 (*Zec 9:9-10*)

A reading from the Book of the Prophet Zechariah

Thus says the LORD:
Rejoice heartily, O daughter Zion,
shout for joy, O daughter Jerusalem!
See, your king shall come to you;
a just savior is he,
meek, and riding on an ass,
on a colt, the foal of an ass.
He shall banish the chariot from Ephraim,
and the horse from Jerusalem;
the warrior's bow shall be banished,
and he shall proclaim peace to the nations.
His dominion shall be from sea to sea,
and from the River to the ends of the earth.

Ÿ. This is the Word of the Lord.

R. Thanks be to God.

Responsorial Psalm (*Ps 145:1-2, 8-9, 10-11, 13-14*)



R. I will praise your name for ever, my king and my God.

I will extol you, O my God and King,
and I will bless your name forever and ever.
Every day will I bless you,
and I will praise your name forever and ever.

R. I will praise your name for ever, my king and my God.

The LORD is gracious and *merciful*,
slow to anger and of great kindness.
The LORD is good to all
and compassionate toward all his works.

Ṛ. I will praise your name for ever, my king and my God.

Let all your works give you thanks, O LORD,
and let your faithful ones bless you.
Let them discourse of the glory of your kingdom
and speak of your might.

Ṛ. I will praise your name for ever, my king and my God.

The LORD is faithful in all his words
and holy in all his works.
The LORD lifts up all who are falling
and raises up all who are bowed down.

Ṛ. I will praise your name for ever, my king and my God.

Reading 2 (ROM 8:9, 11-13)

A reading from the letter of Paul to the Romans:

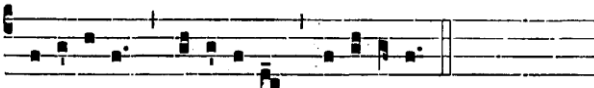
Brothers and sisters:
You are not in the flesh;
on the contrary, you are in the spirit,
if only the Spirit of God dwells in you.
Whoever does not have the Spirit of Christ does not belong to him.
If the Spirit of the one who raised Jesus from the dead dwells in you,
the one who raised Christ from the dead
will give life to your mortal bodies also,
through his Spirit that dwells in you.
Consequently, brothers and sisters,
we are not debtors to the flesh,
to live according to the flesh.
For if you live according to the flesh, you will die,
but if by the Spirit you put to death the deeds of the body,
you will live.

Ṛ. This is the Word of the Lord.

Ṛ. Thanks be to God.

Alleluia (*Mt 11:25*)


Ant.
6



A L-le-lú-ia, * alle-lú-ia, alle-lú-ia.

Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the kingdom.

Ant.
6



A L-le-lú-ia, * alle-lú-ia, alle-lú-ia.

Gospel (*Mt 11:25-30*)

Ÿ. The Lord be with you.

R. And also with you.

Ÿ. A reading from the Holy Gospel according to Matthew.

R. Glory to you Lord.

At that time Jesus exclaimed:

“I give praise to you, Father, Lord of heaven and earth,
for although you have hidden these things
from the wise and the learned
you have revealed them to little ones.

Yes, Father, such has been your gracious will.

All things have been handed over to me by my Father.

No one knows the Son except the Father,
and no one knows the Father except the Son
and anyone to whom the Son wishes to reveal him.”

“Come to me, all you who labor and are burdened,
and I will give you rest.

Take my yoke upon you and learn from me,
for I am meek and humble of heart;
and you will find rest for yourselves.

For my yoke is easy, and my burden light.”

Ÿ. This is the Gospel of the Lord.

R. Praise to you, Lord, Jesus Christ.

Homily

Nicene Creed

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, one in Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

All bow at these two lines

by the power of the Holy Spirit

he was born of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate;

he suffered, died, and was buried.

On the third day he rose again in fulfillment of the Scriptures;

he ascended into heaven and is seated at the right hand of the
Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshipped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen

General Intercessions

*The celebrant invites the congregation to pray and offers several
prayer intentions. Each concludes, "We pray to the Lord."*

R. Lord, hear our prayer.

*The celebrant concludes the intercessions with a final short prayer
ending with "... through Christ, our Lord."*

R. Amen.

LITURGY OF THE EUCHARIST

Offering of the Gifts

☩. Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

℟. Blessed be God for ever.

☩. Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

℟. Blessed be God for ever.

Prayer over the Gifts

☩. Pray, my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

**℟. May the Lord accept the sacrifice at your hands,
for the praise and glory of his name,
for our good, and the good of all his Church.**

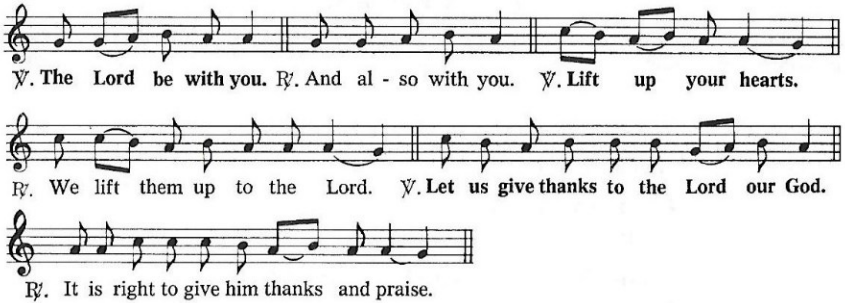
Lord,
let this offering to the glory of your name
purify us and bring us closer to eternal life.

We ask this in the name of Jesus the Lord.

℟. Amen.

Preface and *Sanctus* (Sundays in Ordinary Time VI)

The Pledge of an Eternal Easter



∩. The Lord be with you. R/. And al - so with you. ∩. Lift up your hearts.

R/. We lift them up to the Lord. ∩. Let us give thanks to the Lord our God.

R/. It is right to give him thanks and praise.

The celebrant recites or sings the Preface:

Father, all-powerful and ever-living God,
we do well always and everywhere to give you thanks.

In you we live and move and have our being.
Each day you show us a Father's love;
your Holy Spirit, dwelling within us,
gives us on earth the hope of unending joy.

Your gift of the Spirit,
who raised Jesus from the dead,
is the foretaste and promise
of the paschal feast of heaven.

With thankful praise,
in company with the angels,
we glorify the wonders of your power:

(Sanctus XVIII Deus Genitor Alme)

Sanctus, * Sanctus, Sanctus Dómi-nus De-us
Sába-oth. Ple-ni sunt cæ-li et terra gló-ri-a
tu-a. Ho-sánna in excélsis. Bene-díctus qui ve-nit
in nómi-ne Dómi-ni. Ho-sánna in excél-sis.

Eucharistic Prayer (II)

The celebrant prays the Eucharistic Prayer. After the consecration, the celebrant sings:

Ÿ. Let us proclaim the mystery of faith.

Christ has died, Christ is ris-en, Christ will come a - gain.

The celebrant concludes the Eucharistic Prayer.

Through him, with him and in him
in the unity of the Holy Spirit
all glory and honor are yours, Almighty Father
Forever and ever.

A - men, A - men, A - men.

COMMUNION LITURGY

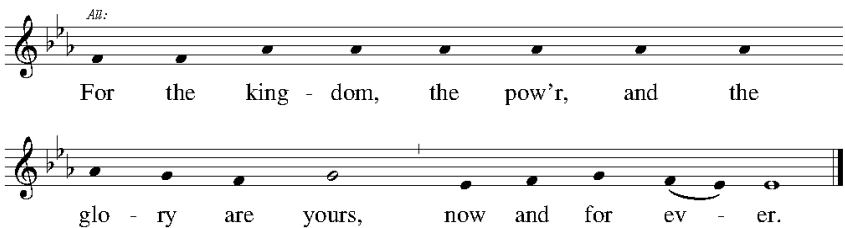
The Lord's Prayer

Ÿ. We pray confidently in the words our Savior taught us:



Our Fa - ther, who art in heav - en, hal - lowed be thy name;
thy king - dom come; thy will be done on earth as it
is in heav - en. Give us this day our dai - ly bread;
and for - give us our tres - pass - es as we for - give
those who tres - pass a - gainst us; and lead us not
in - to temp - ta - tion, but de - liv - er us from e - vil.

Ÿ. Deliver us, Lord, from every evil, and grant us peace in our day. In your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ.



Agnus Dei:
For the king - dom, the pow'r, and the
glo - ry are yours, now and for ev - er.

Exchange of Peace

Ÿ. Lord Jesus Christ, you said to your apostles: I leave you peace, my peace I give you. Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever.

R̄. Amen.

Ÿ. The Peace of the Lord be with you always.

R̄. And also with you.

Ÿ. Let us offer each other a sign of peace.

Breaking of the Bread

As the bread is broken, we sing or say:

(Agnus Dei XVIII Deus Genitor Alme)

A -gnus De- i, * qui tol-lis peccá-ta mundi : mi-se-
ré-re no- bis. Agnus De- i, * qui tol-lis peccá-ta mundi :
mi-se-ré-re no- bis. Agnus De- i, * qui tol-lis peccá-ta mun-
di : do-na no-bis pa-cem.

Ÿ. This is the Lamb of God who takes away the sins of the world.
Happy are those who are called to his supper.

**Ŕ. Lord, I am not worthy to receive you,
but only say the word
and I shall be healed.**

*To those receiving Communion (by intinction), the celebrant
says:*

Ÿ. The body and blood of Christ.

Ŕ. Amen.

Communion Meditation

I Heard the Voice of Jesus Say



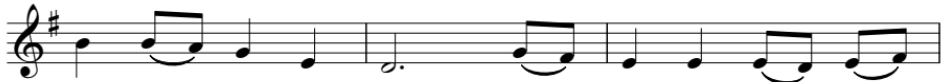
1. I ___ heard the voice of Je - sus say, 'Come un - to me ___ and
2. I ___ heard the voice of Je - sus say, 'Be - hold, I free - ly
3. I ___ heard the voice of Je - sus say, 'I ___ am this dark ___ world's



1. rest; lay ___ down, thou wea - ry one, lay down thy ___ head up -
2. give the ___ liv - ing wa - ter; thirst - y one, stoop down and
3. light; look ___ un - to me, thy morn shall rise, and ___ all thy



1. on ___ my breast'. I ___ came to Je - sus, as I was, wea -
2. drink, and live'. I ___ came to Je - sus, and I drank of ___
3. day ___ be bright'. I ___ looked to Je - sus, and I found in ___



1. ry and ___ worn and sad; I ___ found in him ___ a ___
2. that life - giv - ing stream; my ___ thirst was quenched, my ___
3. him my ___ star, my sun; and ___ in that light ___ of ___



1. rest - ing place, and ___ he has made ___ me glad.
2. soul re - vived, and ___ now I live ___ in him.
3. life I'll walk till ___ trav - 'ling days ___ are done.

Prayer after Communion

Lord,
may we never fail to praise you
for the fullness of life and salvation
you give us in this eucharist.

We ask this through Christ our Lord.

R. Amen.

CONCLUDING RITES

Solemn Blessing

∇. The Lord be with you.

R. And also with you.

Bow your heads and pray for God's blessing.

May God bless you with every good gift from on high.
May he keep you pure and holy in his sight at all times.
May he bestow the riches of his grace upon you,
bring you the good news of salvation,
and always fill you with love for his people.

We ask this through Christ our Lord.

R. Amen

∇. And may the blessing of almighty God,
the Father, and the Son, + and the Holy Spirit,
come upon you and remain with you for ever.

R. Amen

The image shows two staves of musical notation in G-clef, 4/4 time. The first staff has the lyrics: "∇. The Mass is end - ed, go in peace." The second staff has the lyrics: "R. Thanks be to God." The music consists of simple quarter and eighth notes.

Concluding Hymn

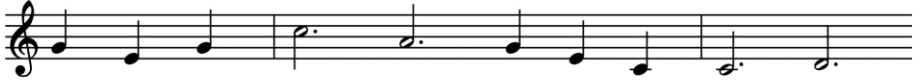
This Day God Gives Me



1. This day God gives me strength of high heav - en,
2. This day God sends me strength to sus - tain me,
3. God's way is my way, God's shield is round me,
4. Ris - ing, I thank you, might - y and strong One,



1. sun and moon shin - ing, flame in my hearth,
2. might to up - hold me, wis - dom as guide.
3. God's host de - fends me, sav - ing from ill.
4. King of cre - a - tion, giv - er of rest,



1. flash - ing of light - ning, wind in its swift - ness,
2. Your eyes are watch - ful, your ears are lis - t'ning,
3. An - gels of heav - en, drive from me al - ways
4. firm - ly con - fess - ing three-ness of Per - sons,



1. deeps of the o - cean, firm - ness of earth.
2. your lips are speak - ing, friend at my side.
3. all that would harm me, stand by me still.
4. one - ness of God - head, Trin - i - ty blest.